

Peace Pieces

Center Newsletter | Uppsala, Sweden | June 2021

Uppsala Rotary Peace Center

*Educating and strengthening leaders to have a positive impact on
peace and conflict resolution in the world*



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Congratulations to Class XVIII!

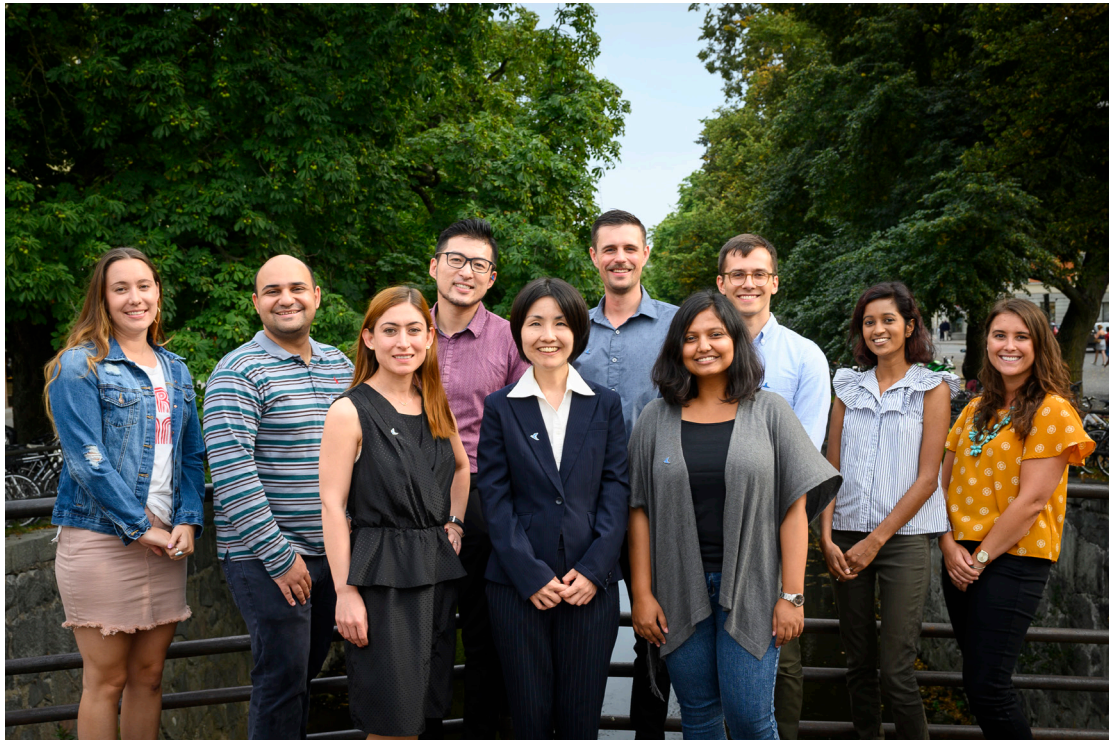


Photo: Magnus Aronsson. Class XVIII Peace Fellows, from the top left clockwise: Jordan Mathews (US), Kamil Hamid (Pakistan), Jia (Muyi) Yang (China), Andrew Fallon (US), Jonah Simonds (US), Tanushree Rao (India/Australia), Amanda Lanigan (US), Samikshya Bhattarai (Nepal), Mariko Yamaguchi (Japan), Maryam Safi (Afghanistan)

This June, Class VXIII (2019-2021) concluded their Master's program in peace and conflict studies at Uppsala University. The Uppsala Rotary Peace Center congratulates the cohort of Class VXIII on their outstanding learning achievements through both their studies and applied field experience. We wish you all the best as you go out into the world to become catalysts for peace!

Foreword

As the COVID-19 has gripped the world for over one and a half years, it has brought massive economic and humanitarian crises to the countries and led to serious worries over global peace and security. The UN Secretary-General has repeatedly warned the international community about the likely increase in social unrest and violent conflicts. The pandemic induced economic crisis, social instability, and power uncertainty can lead to more upheaval, state collapse, terrorism, and violence. COVID-19 has already helped the ongoing global trend of decline of democracy, and it has also assisted authoritarian leaders in grabbing more power for themselves. These unfortunate developments reemphasize the need and importance of peace studies and peace activism, to which the Uppsala Rotary Peace Center is committed to.

As it has been since 2011, this year also the Uppsala Rotary Peace Center, which is based at the Department of Peace and Conflict Research of Uppsala University, is hosting a group of highly talented students who are socially responsible and active, and committed to global peace and multilateralism. The Rotary peace fellows have come from countries across the globe and brought with them experiences of working on issues related to conflict management, human rights, women empowerment, migration, climate adaptation, among other important topics. Their varied background and expertise have added immense richness and value to our Master's Program in Peace and Conflict Studies and the Department's research and teaching milieu in general.

Though the Covid-19 pandemic has severely restricted physical meetings, field-study travels, and classroom teaching, the Rotary peace fellows have continued their academic pursuit remarkably well and provided praiseworthy support to each other. The second-year fellows will be graduating soon, and first-year fellows have completed their mandatory course works. In this trying time, the

Director and Coordinator of the Uppsala Peace Center, Dr. Kristine Eck and Chiara Tulp, besides guiding and managing the day-to-day work very well, have also organized an Annual Seminar on 5 June 2021, with a keynote address on the Black Lives Matter Movement by Dr. Kanisha Bond.

The Department is thankful to the Rotary International and the Rotary Foundation for the trust and support, which has made it possible for us to host the Peace Center. The cooperation from other Rotary peace centers and local Rotarians also needs to be acknowledged. The collaboration between the Rotary International and the Department has been a success story for a decade in training and supporting the Rotary peace fellows to pursue a career that contributes to sustainable peace worldwide.

Finally, the Department congratulates the Rotary peace fellows, those who will be graduating this year, and wishes them success in their future endeavors to work towards global peace. And, we at the Department are looking forward to future cooperation and collaboration with them in our joint pursuit of a better and brighter world.

On behalf of the Department of Peace and Conflict Research,

Professor Ashok Swain
Head of Department

Message to the graduating Rotary Peace Fellows

It is my pleasure to congratulate the graduating Rotary Peace Fellows!

It would be impossible to reflect on your progression without starting with the fact that your cohort has faced a most unusual challenge: the Covid-19 pandemic that arrived during your first year in the program. You have spent the majority of your time during the program in these exceptional circumstances. This situation has upended the expectations that you started the program with—expectations about travel, socializing, your AFE, and hundreds of other things. Yet, here you are: you have managed to meet the program’s demanding standards of academic excellence in the midst of a global crisis.

During this period, I’ve seen some of you experience waning energy. The struggle has been real. But I’ve also been inspired by how you have handled this unprecedented situation. Even in isolation, you’ve stayed in touch. You’ve reached out. You’ve checked in on each other, shared your pets, kept each other informed, and helped each other in dozens of small ways. I’ve seen how you have created and embraced your community, and how this community has helped to prop up those experiencing moments of struggle.

But your caring about the well-being of others is not limited to your own community. In so many ways, you’ve shown a broad commitment to recognizing others’ struggles and doing what you can to mitigate them. Many of you took the Research Ethics class, where you wrote insightfully about power structures and personal responsibility. You chose the theme of “Power, Privilege and Progress: Building Peace in the 21st Century” for your Annual Seminar, sending a signal about your desire to ensure that your work centers human equality. And on the thesis course, I’ve seen your determination to tackle these issues in the topics that you’ve chosen to become experts on for your

thesis work. My heart lifts when I think about the many ways you have shown that you stand for human dignity.

As you graduate and enter the workforce, the world is again changing, as vaccination programs give us hope for a return “normality.” For your cohort, the lessons learned during the program will not only be academic ones, but also about the value of friendship and community, about how you can help to sustain others during periods of difficulty. And I know that you recognize that much of what was “normal” in the pre-pandemic world was in fact unacceptable and that you will work for a new status quo.

As you regain your full strength, may you all have the energy to fight for justice and peace. May you continue to care for one another.

I’m so glad that you chose Uppsala, and I will miss you very much.

Kristine Eck
Director of the Uppsala Rotary Peace Center



Reflections from Graduating Rotary Peace Fellows Class VXIII (2019-2021)

Tanushree Rao

My time as a Rotary Peace Fellow has given me so much insight into peace, conflict, and life in Sweden. While I've gained significant practical skills such as data analysis and using evidence to inform initiatives in the sector, I've also gained a lot from my friendships with other fellows and my connections with the Rotary Peace Centre, Department of Peace and Conflict Research, and the wider Rotary community. At the same time, being in the midst of a pandemic for the larger part of my program has been a challenge, to say the least. I've had to consider how to keep myself and others safe every time I leave the house, and for the past year have drastically reduced the amount of interaction I'd normally have with other people. While it has certainly affected my experience here, I'm grateful to institutions that were able to pivot their approach to minimise the spread and effects of the pandemic, particularly for vulnerable people. This June I'll be commencing a PhD program at Stockholm University, researching how international aid can be more effective and how socioeconomic inequalities affect its success in improving food security. I'm looking forward to building on the journey Rotary has helped me commence in Sweden, and being able to contribute to knowledge on how we can build positive peace.



Photo: Magnus Aronson



Photo: Magnus Aronson

Kamil Hamid

It would not be an exaggeration to say that my time as a Rotary Peace Fellow at Uppsala University has opened up a whole new world of possibilities for me. Despite the shadow of the Covid-19 pandemic affecting the bulk of the fellowship's duration and throwing many of our hopes into disarray, I remain grateful for the education, for the friendships that are sure to be lifelong, and for the many new paths that this opportunity has helped illuminate for me. At the same time, I am hopeful that this pandemic and its consequences will help inform new methods of support offered to future cohorts of Peace Fellows.

Muyi Yang

Before I came here, I, like many other people, had many expectations and stereotypes, the first is YAY, I AM COMING TO SEE SANTA CLAUS! Until someone told me Santa Claus lives in Finland...Anyway, I was still very excited to learn more about this part of the world, such as the Viking culture. Besides that, I chose Uppsala University for my Rotary Peace Fellowship mostly because the scientific and evidence-based approach towards social issues at Uppsala University and its correspondingly rigorous training for quantitative methods. My learning experience exactly reflected my expectation. I had a good experience of refining my foundations in statistical analysis and have been equipped with good skills and knowledge of using various digital and programming platforms for data management and processing, including python, R, and STATA. These skills complement my qualitative research training and help me construct evidence-based analysis for peacebuilding scenarios as well as the evaluations for corresponding programs. All of these could not be realised without Rotary Peace Fellowship. Looking back, coming to Sweden for me is a very meant-to-be choice. I have learned and grown so much, both academically but also as a person, both inside school and also outside my classroom. I want to say again thank you Jan, the owner of English bookshop, his family, and all the Rotarians and other people I have met, who have given support and love all the way to me, someone who has traveled thousands of miles to Sweden. I have learned tremendously and made lifelong friends and memories here. Wherever I am going, Sweden will always have a place in my heart. As I depart Sweden, I look forward to begin a Master of Public Policy Program at the University of Oxford.



Photo: Magnus Aronson

Jordan Mathews

It is overwhelming to think about all the ways that my life has been changed for the better because of this fellowship. I came here with the motivations to further my education, but I will be leaving Sweden with so much more. New stamps in my passport. A group of lifelong friends. Respected professors and mentors. A more assured sense of self. A renewed purpose. So many memories. Studying during the COVID-19 pandemic certainly has been challenging. I think, as I know it is the case for so many others, this year has stretched me in new and, often, very painful ways. But with the pain, the fear and the challenges, I am grounded in this overwhelming well of gratitude within me for being so lucky to be able to experience the honor of being a Rotary Peace Fellow. To all of you have supported me along the way- my parents, girlfriend, Rotary District, host family, cohort friends, professors and advisors- I am a better person because of each and everyone of you. "Thank you" feels inadequate. I just hope I can make each of you proud for the investment you made in me.



Photo: Magnus Aronson

Mariko Yamaguchi

First of all, I appreciate the precious experience to learn through lectures and thesis work directly from the globally-renowned professionals in the field of peace and conflict, both theoretically and practically. Uppsala Conflict Data Program has been the focal point of reference for scholars and practitioners around the globe working on peace, and the researchers at the Department of Peace and Conflict Research are leading global research in this field. I was honoured to interact and work with the authors of the articles I had been reading in this field before embarking on the Fellowship Program. Secondly, I cannot thank the Host Family Program enough. Most of my Swedish experience was provided by my host family. Throughout my stay in Sweden, they have been literally my “family” in Uppsala. They let me join their special days or national celebrations. They were always there for me to survive difficult times such as the Swedish winter and COVID pandemic when I was desperate for human interaction. Importantly, I am grateful for the support both from the Uppsala Peace Center and Rotary International. Especially, they tried hard with the best of their capacity to guide us through the difficult times of pandemic so that fellows could achieve as many academic and professional goals as the normal times. I especially appreciate their flexibility and kind understanding for the coordination of the Applied Field Experience (AFE). Last but not least, I appreciate the learning from the motivation and resolve of Fellows at Uppsala Peace Center.



Photo: Magnus Aronson

Andy Fallon

Our Peace Fellow experience had these two distinct periods – the time before and the time with Covid. Just as we were really beginning to settle into our education and relationships in a new place, we were forced – like so many others – to accept the boxes of our homes and the life of screens. Obviously, this is not what we expected. Many of us planned to travel to new areas for our AFE, and to explore so much of what Sweden has to offer. This, however, does not take away from the gratitude I feel for the education I received, and for the relationships that persisted and in many ways deepened as fellows were forced to depend upon one another in new ways. From a global perspective, the disruption in our Peace Fellowship experience was rather minor. We were able to continue our education and find alternative AFE options. This doesn't mean that it was easy. Being far from one's family and home during a pandemic presents myriad uncertainties and periods of fear and isolation. I am truly grateful for all of those that helped us feel connected during this time – especially to our Rotary Host Families. Lastly, I want to thank each of the class 18 fellows for your love and genuine support over the last two years.



Photo: Magnus Aronson

Amanda Lanigan

I am so grateful to Rotary and Uppsala University for the opportunity to learn from professionals in the field of Peace and Conflict Research and to build the skills necessary to apply a more data driven approach to peace building. For me one of the highlights of this experience has been forging lifelong connections with a dynamic and engaging cohort, who have made this experience so much richer. I am especially appreciative of my host family, for all their kindness and guidance throughout my time in Sweden. Completing this program during the pandemic has presented unique challenges, as the Swedish approach has made it difficult to maintain social connections while still following internationally recognized guidelines for safety. The pandemic has provided a direct window into the ways in which the concepts we have researched throughout this program play out on the ground in places such as Sweden, where groups made vulnerable have suffered disproportionately despite the presence of a robust social safety net. I am grateful for this program as it has given me the tools to critically examine these issues, and to the Department of Peace and Conflict Research for their compassionate and flexible response to this crisis.



Photo: Magnus Aronson

Jonah Simonds

I came into my Peace Fellowship hoping to build technical skills in data analysis and visualization, as well as soft skills in leadership and networking. I have been able to accomplish that and more over the past year and a half, and I am very grateful towards Rotary and Uppsala University for providing me with these opportunities. That said, Sweden's laissez-faire approach to public health during a pandemic has forced all of us to compromise between experiencing life in Sweden and following the WHO's recommendations on safe social distancing. For me, the most tragic aspect of this has been the loss of social opportunities with my fellow Peace Fellows, an amazing group of people gathered together for two short years before dispersing back out across the world. There have been some silver linings of the pandemic for me: namely, working remotely for an organization in Thailand while getting to appreciate nature in and around Uppsala. I sincerely hope the vaccine rollout goes smoothly over the next few months so the Class XIX and Class XX Peace Fellows can get to know each other in person in Uppsala next year. I plan to return home to the US to finish out my contract with UNESCAP and spend a relaxing summer with my family while figuring out what comes next.



Photo: Magnus Aronson

Samikshya Bashishtha Bhattarai

The last two years have provided me experiences - both good and bad - that will stay with me for life. For me personally I learnt through my peers and my own personal experiences of the ongoing reality of the world more than from what I learnt in the classroom. Nevertheless, the whole experience collectively solidified my interest in gender dynamics of conflict and also the role of intersectional identities of disadvantaged communities in their further marginalization. Likewise, the course on transitional justice is where I learnt a lot about different perspectives on the justice delivery process and its effectiveness. That course made me reflect on my own preconceived notion on the effective justice delivery in a transitional state.

My reflections cannot be complete without presenting the gratitude that I hold for the people who have been a great support to me throughout my stay here. All the fellows from my cohort have been there for me, especially during my difficult times. And as I mentioned in a previous newsletter, I am taking away some learnings from each one of them. But the friendship of Tanushree, Jonah and Amanda is something that I will always cherish and so I am also thankful to Rotary for providing this wonderful opportunity to meet these kind and inspiring people. Lastly, to my two incredible host moms Carin and Catherine, one more time, thank you for being my family here and showering me with so much love, warmth and encouragement. This experience has given me a lot to be thankful for.



Photo: Magnus Aronson



Maryam Safi

It was my personal and professional goal to become a leader and a catalyst for peace and conflict resolution. I am very appreciative and grateful for the opportunity that the Rotary International and Uppsala University has provided me to work toward achieving my goal. I have gained valuable knowledge and experience in the field of Peace and Conflict Research. I have also gotten the chance to make new friends and connect with a broader network of peace makers from around the globe. I am also grateful for continuous support of my parents, siblings, husband, host family, friends, professors, and advisors.

Alumni spotlight

Henrique Garbino (Class 2017-2019)



My experience as a Rotary Peace Fellow at Uppsala University was instrumental in transitioning from more than 10 years of military service to a civilian career in peace and conflict resolution for three main reasons. First, the Applied Field Experience with the Swiss Foundation for Mine Action (FSD) gave me first-hand understanding of humanitarian demining, weapon and ammunition disposal, and risk education. This specific experience then led me to join the International Committee of the Red Cross (ICRC) in Eastern Ukraine as a Weapon Contamination Delegate. Second, the analytical and methodological skills from the master's programme proved to be extremely useful to my work in Ukraine, especially in conflict analysis and in setting up monitoring

and evaluation mechanisms. Finally, the academic experience at Uppsala University inspired me to return to Sweden and pursue a doctorate degree. In January 2021 I started as a PhD student at the Swedish Defence University, where I am conducting research on why, when, and how non-state armed groups exercise restraint on the use of landmines.

Henrique Garbino
Uppsala Rotary Peace Fellow Alumnus
(2017-2019)

Messages from the Uppsala Rotary Peace Center

Goodbye message from Tore Samuelsson, Uppsala Host Area Coordinator



Photo: Magnus Aronson. Tore with Cl. XVIII fellows Jordan Mathews and Kamil Hamid.

As a Host Area Coordinator I have had a wonderful three years to be the go-between with URPC, Peace Fellows and Rotarians in clubs, districts and zones. There have been many great initiatives, so much goodwill, and so many good meetings. My background with a career in humanitarian aid, development and peacebuilding has of course been helpful and I have enjoyed to keep up with developments. I have heard many great personal stories from all over the world from the Peace Fellows and seen their commitment. I am grateful that there have been a number of dedicated Rotarians around in the Host Area Committee and of course all the host families. The opportunity to travel with Peace Fellows to Rotary meetings and during the pandemic to share a platform with them in many Zoom meetings has been very rewarding. I am particularly glad that we, during these three years, have managed to engage all 10 Swedish districts and initiated a system with Peace Fellow ambassadors to each district to build relations. There is also a growing interest in the program and URPC in the zones 17-18 which includes Scandinavia and north-eastern Europe. We

hope this will lead to new initiatives in terms of seminars and visits with Peace Fellows in these parts of Europe where peacebuilding and conflict prevention is very important. I am thinking about the developments in Russia for example, and also the issue of migration and failed integration.

So in short, I am most grateful for three years as HAC at URPC and wish my successor Bengt-Erik Jansson good speed as he begins this role on 1 July 2021 for the coming three Rotary years.

*Tore Samuelsson
Uppsala Host Area Coordinator*

Note of Sympathy

We were saddened to hear about the passing of Dr. Deri Joy Ronis, Director of the Conflict Resolution Center and Florida state certified mediator. Dr. Ronis first contacted us at the Uppsala Rotary Peace Center in 2019, expressing her interest in supporting the center's work and our peace fellows. Based on her hands-on experience, we developed a curriculum for a training module entitled "Mediation and Conflict Resolution in Practice", which was funded by the Fulbright Specialist Program. Shortly before Dr. Ronis was due to board a plane to Sweden to offer the training to our students in March 2020, COVID-related travel restrictions prevented her travels. We regret not having the opportunity to meet Dr. Ronis in person and wish to extend our condolences to her family, friends, and other professional acquaintances acquired through her career and extensive service.

*Sara Lindberg Bromley & Masumi Honda
Former Director and Coordinator of the Uppsala Rotary Peace Center (URPC)*

Annual Seminar 2021

Power, Privilege, and Progress: Building Peace in the 21st Century

5 June 2021

On the afternoon of June 5th, 2021, the Uppsala Rotary Peace Center hosted its Annual Seminar – for the first time in an online format. The theme for this year’s seminar was Power, Privilege, and Progress: Building Peace in the 21st Century. Class XVIII peace fellows from Uppsala presented on their master’s thesis projects and engaged the audience in three panel discussions. The first panel featured peace fellows Tanushree, Amanda, Samikshya and Kamil, who discussed Marginalisation, disenfranchisement and power. The second panel featured peace fellows Jonah, Muyi and Jordan, who shared their research on causes, effects and dynamics of armed conflict. The final, third, panel engaged Maryam, Mariko and Andrew in a discussion on cooperation and pathways to peacebuilding. The organization of the event was facilitated by Class XIX peace fellows, who promoted the event, moderated panel discussions, and managed social media engagement.

She is also the proud host mother of a current Rotary Peace Fellow in Class XIX. For the past 35 years, she has worked as an IT-consultant with the Swedish Defense and in the private sector. Eva spoke about her deep roots in Jovnevaerie Sami Village in Jämtland, and her work to promote the rights of Sami and other indigenous peoples as the Chairman of the Sami Association in Uppsala and as an active member of Amnesty Sápmi.

The welcoming address was followed by a keynote address by Dr. Kanisha Bond, Assistant Professor of Political Science at Binghamton University. Her research explores how organization and identity influence dynamics of political challenge in polarized societies. Specifically, her research looks at mobilization and institution-building among radical socio-political groups around the world, particularly in North America, Latin America, and Africa. On this occasion, Dr. Bond shared her expertise on the Black Lives Matter Movement.

The seminar concluded with an address by Rotary International President Holger Knaack, who spoke of Rotary’s ambition to foster a more peaceful world, and the role peace fellows can play.

Chiara Tulp
Coordinator, Uppsala Rotary Peace Center

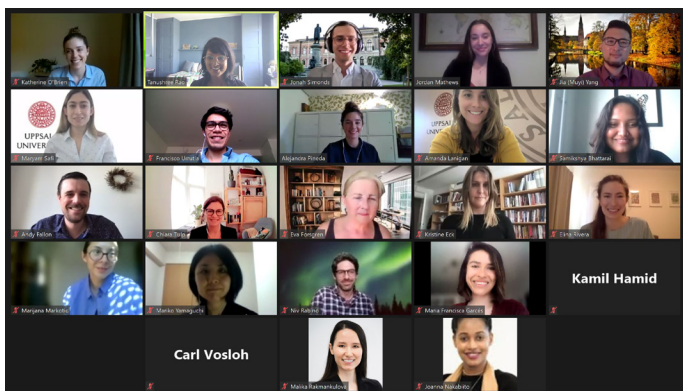


Photo: Tanushree Rao. Panelists at the digital URPC Annual Seminar 2021

In addition to the Uppsala Rotary Peace Fellows, the Center also welcomed three distinguished guest speakers. The Annual Seminar was opened by Rotarian Eva Forsgren. Eva is an active member of the Rotary Uppsala Södra and is currently responsible for PR and information in the club.

Peace Fellows in Action

2021 Stockholm Forum on Peace and Development

Uppsala University provides many exciting opportunities to its students. One of these was a shadowing experience in the 2021 Stockholm Forum on Peace and Development organized and co-hosted by the Stockholm International Peace Research Institute (SIPRI) and the Swedish Ministry of Foreign Affairs. This annual event covers a variety of emerging topics in the field of peace and conflict. Unlike previous years, the ongoing pandemic constrained it to primarily a virtual realm. However, this may have opened up this event to a larger audience than in previous years. This was a wonderful opportunity to learn about the most pertinent and exciting issues from the leaders in the field. The current year's topic was "promoting peace in the age of compound risk". This choice was likely made to reflect the complex intersectional web of a current global health crisis, rapidly evolving technology, and a slew of geopolitical tensions. As a shadowing intern of the event, I was responsible for attending several sessions and creating a policy brief with an assigned partner. The topics covered were the emerging role of social media in peacebuilding and the changing paradigm of peacemaking.

Of note, both events had representatives from various fields, such as policy, academia, media, advocacy, and technology. It was fascinating and informative to hear all of the varying perspectives represented. It was also humbling to understand the complexity of these emerging opportunities and their potential threats to peace. No one speaker had a perfect silver bullet solution to the various emerging security threats discussed in their sessions. Indeed, one of the large takeaways is that modern threats to security are complex. Resolving them to achieve meaningful and lasting results/peace would require input and coordination from everyone involved: academics, politicians, journalists, tech companies, advocacy groups, and

the general public.

Malika Rakhmankulova

Rotary Peace Fellow, Class XVIII (2019-2021)

Swedish Riksdagen, Meeting Speaker of the House, Andreas Norlén, and MP Ann-Britt Åsebol

We had long planned to visit the Swedish Parliament and include this seminar on site. Due to the pandemic it was repeatedly postponed and I am glad that we finally could access the Speaker and MP Ann-Britt Åsebol this way for an on-line seminar. The mini-seminar on Zoom with Peace Fellows from Class XVIII and Speaker of the House (Riksdagen) Mr Andreas Norlén was a real success. It focused mainly on an introduction to the Swedish parliamentarians and perspectives on democracy in Sweden and in general. We got detailed insights on the last Swedish election and the difficulties to form a government, where the Speaker Mr. Norlén played the key role and was successful in the third attempt to form a government. The seminar concluded with a Q & A, where Peace Fellows had the opportunity to follow-up regarding Sweden's policy. Next academic year we hopefully make an in-person visit and arrange a seminar with some MPs and the Speaker, who is actually a Rotarian and appreciates the URPC very much.

Tore Samuelsson, Host Area Coordinator

Rotary District 2380 Conference 13 March 2021

District 2380 held its annual conference on March 13, 2021, adopting the theme “Rotary in the Service of Peace.” The conference was a 4-hour event and took place in a hybrid manner, with participants present in Torghuset, Smålandsstenar and over 200+ guests active in Zoom. Different topics were discussed throughout the conference, including Rotary International’s (RI) role in promoting peace and development and how it has adapted to tend to different needs since its founding; the role of the Rotary Peace Centers; the District 2380 Peace Ambassador’s vision for peace and his professional experience; and RI and the Swedish UN Federation cooperation to bring peace, among other topics. Uppsala Rotary Peace Fellow Carl Vosloh Zea (District 2380 Peace Ambassador and RI Peace Fellow), spoke about the Peace Fellowship, and his previous work related to peace and development in Latin America. Other guest speakers were, Carl-Wilhelm Stenhammar (former RI President 2005-2006), Ingemar Karlsson (Swedish diplomat), and Annelie Börjesson (Chairman of the Swedish UN Federation).

A recording of the event is available here: <https://www.youtube.com/watch?v=HdaZt4rxb-PU&t=7430s>

Carl Vosloh Zea
Rotary Peace Fellow, Class XIX (2020-2022)

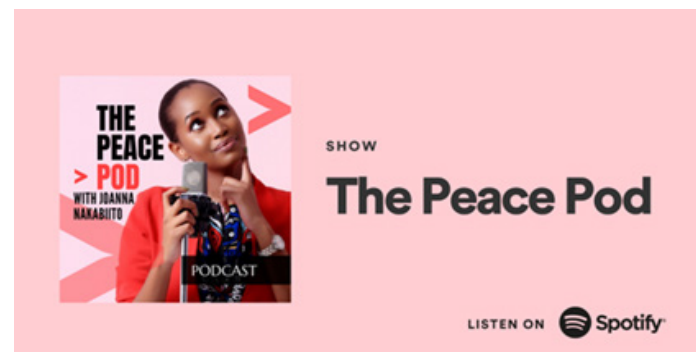
The Peace Pod

“The Peace Pod with Joanna Nakabiito” is a podcast aimed at enhancing peace education and conflict prevention outcomes, particularly in conflict-prone Sub-Saharan Africa. Joanna interviews experts in peace and security from all over the globe to share their best practices, challenges, and recommendations for effectual conflict and violence prevention programming. She also shares her experiences in the field, examines the appli-

cability of conflict theories and ethical philosophies, and shares evidence-based practices she has learned from her current studies in her MSSc. Peace and Conflict. Joanna mentions that to guarantee intrapersonal peace, we must educate ourselves and collectively act to influence the risk factors of conflict and violence around us.

The Peace Pod also incorporates creative art pieces from her audio-oriented project, “The Sound of Dialogue.” These pieces include instrumentals, music, and poetry centered on various peace and conflict themes. As a music performer, she appreciates the assertion by John Paul Lederach that “We need metaphors based on vibration, sound, and music to understand the essence of peace-building.” So far, the podcast has covered juvenile delinquency, identity conflict, and youth violence. The Peace Pod is released bi-monthly and is available on YouTube, Spotify, and Soundcloud.

Joanna Nakabiito
Rotary Peace Fellow, Class XIX (2020-2022)



About the Uppsala Rotary Peace Center



Since 2011, the Department of Peace and Conflict Research at Uppsala University has hosted one of the six Rotary International Peace Centers. Students from around the world can apply for Rotary scholarships to the Master Programme in Peace and Conflict Studies. The Uppsala Rotary Peace Center selects and educates Rotary Peace Fellows to have a significant, positive impact on peace and conflict resolution in their future careers. Stay updated on the Fellows, hear about special events, and learn more about the Rotary Peace Fellowship online or contact us at:

Uppsala Rotary Peace Center website: <http://www.pcr.uu.se/education/uppsala-rotary-peace-center/>
Uppsala Rotary Peace Fellows blog: <https://uppsalarotaryfellows.wordpress.com/>



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