



# U-CARE VENUE 2025

## Smarter Science

How can we conduct high-quality healthcare research more efficiently?

**WHEN?** 13–14 October

**WHERE?** University Main Building, room IX in Uppsala

*Funded by:*



Swedish Research Council for  
Health, Working Life and Welfare



# Programme

Monday 13 October

**09:00–09:30**

**Coffee and registration** outside room IX

**09:30–09:45**

**Welcome address**

*Louise von Essen  
Professor and U-CARE Programme Director  
Uppsala University*

**09:45–10:00**

**Introduction**

*Joanne Woodford, Docent  
Uppsala University*

**10:00–10:30**

**Trial efficiency**

Costs, hurdles, and innovations

*Benjamin Speich, PhD  
University of Basel*

**10:30–11:00**

**Towards more efficient clinical trials with  
adaptive designs**

*Philip Pallmann, PhD  
Cardiff University*

**11:00–11:30**

**Coffee** outside room IX

**11:30–12:00**

**Using Bayesian sequential designs to efficiently  
estimate the effects of digital behaviour  
interventions**

*Marcus Bendtsen, Associate Professor  
Linköping University*

**12:00–12:30**

**Trials within cohorts**

Practice examples from Lesotho and Switzerland

*Niklaus Labhardt, Professor  
University of Basel*

**12:30–13:30**

**Lunch at Café Alma**

**13:30–14:45**

**Operational efficiency**

A symposia

- Training for patients and public contributors in clinical trial methodology

*Cristin Lind  
Executive Director, EUPATI Sweden*

- Efficient trials: Investing in people

*Kirsty Sprange, Assistant Professor  
University of Nottingham*

- Bridging research and care: Toward a learning system for personalized medicine

*Perrine Janiaud, PhD  
University of Bern*

**14:45–15:15**

**Coffee and PhD poster walk outside room IX**

**15:15–16:00**

**Panel discussion:**

How can we conduct complex interventions research efficiently, without compromising on quality?

*Moderated by  
Charlotte Blease, Docent  
Uppsala University*

# Programme

Tuesday 14 October

09:00–10:15

## System efficiency

### A symposia

- Prioritizing evidence gaps using the James Lind Alliance method

*Marie Österberg, PhD*

*Swedish Agency for Health Technology Assessment and Assessment of Social Services*

- The evolution of the scientific publishing and its drivers

*Marco Seeber, Professor*

*University of Agder*

- Making FAIR and Open Science work: Navigating policies and guidelines in practice

*Angeliki Adamaki*

*Chair of Open Science Champions, Lund University*

10:15–10:45

## Coffee and PhD poster walk outside room IX

10:45–11:15

## How to embed research into clinical practice

### An example from Tiohundra

*Helena Hvitfeldt*

*Head of Research, Education, and Innovation,  
Vårdbolaget Tiohundra*

11:15–11:45

## Research excellence, relevance, and impact

### A funder's perspective

*Stella Jacobson*

*Head of Unit, Research Department, Forte*

11:45–12:15

## How to make a randomised trial informative, relevant, and useful

*Shaun Treweek, Guest Professor*

*Uppsala University*

12:15–12:30

## Farewell address

*Louise von Essen*

*Professor and U-CARE Programme Director  
Uppsala University*

12:30–13:30

## Lunch at Café Alma