



UPPSALA
UNIVERSITET

WOMHER

Research and Innovation for Action on Women's Mental Health

WOMHER 2nd International Conference 2026

26–27 May 2026

Uppsala University Main Building, Uppsala, Sweden

TUESDAY MORNING
26 MAY 2026



08:15 – 08:45 **REGISTRATION AND COFFEE**

WELCOME AND OPENING, HALL IX

08:45 – 09:10

Director of WOMHER Emma Hovén, Deputy Director of WOMHER Ingela Nyström,
Coordinator of WOMHER Kristina Lundgren

Moderator Karin Klingenstierna

Welcome Speech by Åsa Cajander,
Adviser to Uppsala University's Vice-Chancellor on Equal Opportunities

KEYNOTE SPEAKERS

Theme: Women's Mental Health in the Global Context

09:10 – 10:00

A new paradigm for a world on fire

Mark Tomlinson, Stellenbosch University, Cape Town, South Africa

The near universal second-class status of women should not be a surprise:

How did we get here and is it possible to accelerate change?

Christina W. Hoven, Columbia University, NYSPI, New York, USA

10:00 – 11:00 **POSTER SESSION AND COFFEE**

ORAL PRESENTATIONS

Theme: Women's Mental Health in the Global Context

11:00 – 12:00

Perceived Social Support and Maternal Mental Health During the First Postpartum Year
in India

James Thomas, ICMR - National Institute of Nutrition, India

Raloxifene and the risk of late-onset psychosis in women:

A comparative cohort study using electronic health records in the US

Bodyl Brand, University of Oxford, UK

A Daughter's Separation from the Mother in Contemporary Scandinavian Literature

Magdalena Rozenberg, Uppsala University, Sweden

Bidirectional association between premenstrual disorders and psychiatric disorders

Jing Zhou, Karolinska Institutet, Sweden

12:00 – 13:00 **LUNCH BREAK**

Abstracts and
Biographies
Keynote Speakers



Abstracts
Oral and Poster
Presentations



WOMHER

Uppsala University's Centre for Women's Mental Health

uu.se/forskning/womher

TUESDAY AFTERNOON
26 MAY 2026



KEYNOTE SPEAKERS

Theme: Mental Health Disorders Unique to, or More Common, Among Women

- 13:00 – 13:50 Women's mental health: a psycho-neuro-endocrinology perspective
Birgit Derntl, University of Tübingen, Germany
- Mechanisms and Collaborative Approaches to Perinatal Psychiatric Disorders
Jerry Dolph Guintivano, University of North Carolina, Chapel Hill, USA

ORAL PRESENTATIONS

Theme: Mental Health Disorders Unique to, or More Common, Among Women

- 13:50 – 14:50 Structural Connectome Alterations in Women with Premenstrual Dysphoric Disorder
Manon Dubol, Uppsala University, Sweden
- Bridging Divides: Working with Young People to Coproduce a Better Understanding of Gender Inequalities in Youth Mental Health; **Gemma Knowles**, King's College London, UK
- Perinatal Eating Disorder Psychopathology: Qualitative Insights Into a Changing Landscape
Madeleine Rhodes, Flinders University, Australia
- Perceived Causal Networks among Women with Risky Drinking
Maria Åbonde Garke, Karolinska Institutet, Sweden

14:50 – 15:15 **COFFEE BREAK**

KEYNOTE SPEAKERS

Theme: Research and Innovation for Action

- 15:15 – 16:05 How can design research create change?
Madeline Balaam, KTH Royal Institute of Technology, Stockholm, Sweden
- Designing digital mental health interventions – towards personalised delivery
Gavin Doherty, Trinity College Dublin, Ireland

ORAL PRESENTATIONS

Theme: Research and Innovation for Action

- 16:05 – 17:05 Low-Threshold Support for Young People Exposed to Intimate Partner Violence: What Makes Online Chat Support Helpful? **Mirjam Nathanson**, Uppsala University, Sweden
- Parenting with Awareness and Compassion – a pilot randomized controlled trial of an antenatal group-based parental support; **Gunilla Lönnberg**, Uppsala University, Sweden
- Development and evaluation of a personalized digital menstruation diary in routine mental healthcare: the CycleWise project
Harriette Riese, University Medical Center Groningen, Netherlands
- Lost in Aggregation: Uncovering Hidden Individual Variability in Endometriosis and Fibromyalgia; **Felicia Sundström**, Uppsala University, Sweden

17:05 – 17:15 **CLOSING OF DAY I**

18:30 – 21:30 **CONFERENCE DINNER AT UPPSALA CASTLE**

WEDNESDAY MORNING
27 MAY 2026



RECAP OF DAY 1 AND OPENING OF DAY 2, HALL X

08:45 – 09:00 *Director of WOMHER Emma Hovén*
Moderator Karin Klingenstierna

KEYNOTE SPEAKERS

Theme: Interdisciplinary Approaches to Wicked Problems

09:00 – 09:50 *Women, Work, and Well-being in the Past*
Maria Ågren, Uppsala University, Sweden
Buying in, Drinking up: Women, Alcohol, and Identity
Carol Emslie, Glasgow Caledonian University, Scotland, UK

09:50 – 10:50 **POSTER SESSION AND COFFEE**

ORAL PRESENTATIONS

Theme: Interdisciplinary Approaches to Wicked Problems

10:50 – 11:50 *The Vulvodynia Intervention: Evaluating the effects of multimodal treatment for provoked vulvodynia across five health care contexts*
Ida Flink, Karolinska Institutet, Sweden
Variation in menopausal symptoms and treatment approaches in the Canadian Longitudinal Study of Aging (CLSA)
Laura Gravelsins, Mateja Perovic, Centre for Addiction and Mental Health, Canada
Collaborative development of an evidence-informed intervention to promote psychosocial health for women managing life after a partner's incarceration
Åsa Norman, Uppsala University, Sweden
A Cycling Bias? Menstrual Cycle Influences on Approach – Avoidance Tendencies
Theresa Horn, Max Planck Institute for Biological Cybernetics, Germany

11:50 – 12:30 **SPOTLIGHTS ON EXPERTS BEYOND ACADEMIA**
Insights from Practice, Advocacy, and Lived Experiences

12:30 – 13:30 **LUNCH BREAK**

Abstracts and
Biographies
Keynote Speakers



Abstracts
Oral and Poster
Presentations



WEDNESDAY AFTERNOON
27 MAY 2026



PANEL 1: How to Drive Meaningful Change?

The Importance – and Challenges – of Patient and Public Involvement in Mental Health Research

13:30 – 14:10

Helena Forsman, Strategic Development Officer, Frisk & Fri; Board Member of the Swedish Partnership for Mental Health – NSPH Hjärnkoll

Åsa Konradsson Geuken, Chair of the Swedish Schizophrenia Association; EUFAMI President

Emma Larsen, Development Officer, Riksförbundet Balans

Mark Tomlinson, Professor, Stellenbosch University, South Africa

14:10 – 14:50

NETWORK BUILDING AND COFFEE

An opportunity to connect across research, policy, practice, and lived experience

PANEL 2: How to Drive Meaningful Change?

Research and Policy for Driving Societal Change

14:50 – 15:30

Rickard Bracken, Secretary-General, Mind

Carol Emslie, Professor, Glasgow Caledonian University, Scotland, UK

Nadja Fagrell Trygg, Senior Research Officer, Forte

Karin Schulz, National Coordinator for a Comprehensive Suicide Prevention Strategy

CLOSING AND AWARDS CEREMONY

15:30 – 16:00

Director of WOMHER Emma Hovén

Deputy Director of WOMHER Ingela Nyström

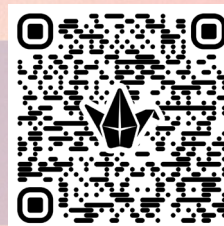
Moderator Karin Klingenstierna

16:00 – 16:45

**POSSIBILITIES TO STAY FOR FURTHER ENGAGEMENT
AND DISCUSSIONS**

Present yourselves to each other:

Participant
Padlet



POSTER PRESENTATIONS

26 MAY 2026



#	First name	Family name	Affiliation	Country	Title
1	Kornelia	Bartoszewicz	Medical University of Gdansk	Poland	Managing Perinatal Depression: Analysis of Screening and Treatment Recommendations in Selected European Countries
2	Anne Jetske	Boer	University Medical Center Groningen	Netherlands	Sex Differences and Age-Related Changes in Striatal Dopamine Synthesis: Insights from [¹⁸ F]FDOPA PET Scans
3	Ayah	Elgendy	University Hospital Tübingen	Germany	Training the inner voice: Effects of positive self-instruction on affective functional networks in females
4	Caitriona	Federico	University of Toronto	Canada	Changes in Stress and Other Mental Health Outcomes among Syrian Refugee Women from Before to During the COVID-19 Pandemic
5	Emma	Fransson	Uppsala University	Sweden	A qualitative evaluation of barriers and factors facilitating mental health care for migrant pregnant people
6	Rimantė	Gaižauskaitė	Vilnius University	Lithuania	Emotional Context Matters: Visuospatial Performance Across Hormonal States in Women
7	Lisann	Dahlén	Uppsala University	Sweden	Stakeholders' attitudes towards early screening for PPD risk
8	Volha	Auchynnikava	University of Tübingen	Germany	The impact of prenatal mental stress on maternal-fetal cardiac coupling
9	Delaram	Bameri	Uppsala University	Sweden	Traumatic Life Events, Perinatal Depression, and the Oral Microbiome
10	Astrid	Boström	Uppsala University	Sweden	Perinatal depression in women with endometriosis
11	Beatriz	Brandao	Rice University	USA	Emotion Regulation Across the Menstrual Cycle: A Longitudinal Intervention Targeting Premenstrual Symptoms
12	Cecilia	Brundin Pettersson	Uppsala University	Sweden	The impact of pregnancy on women with eating disorder symptoms - a discourse analysis
13	Maria	Chalkioti	Uppsala University	Sweden	Descriptive Analysis of Smartphone Screen-Use Data During the Perinatal Period
14	Yufeng	Chen	Karolinska Institutet	Sweden	Clinical outcomes of treatment-resistant postpartum depression: a nationwide cohort study in Sweden
15	Clair	Enthoven	Erasmus MC	Netherlands	Estimating the Effect of Combined Oral Contraception on Adolescent Mental Health
16	Lauryna	Filatovaitė-Vyčienė	Vilnius University	Lithuania	Experiences, Awareness, and Help-seeking Behaviors Related to Menstrual Cycle: a Lithuania-wide Exploratory Survey
17	Eva-Lotta	Funkquist	Uppsala University	Sweden	The impact of maternal psychological wellbeing on the initiation and duration of breastfeeding during the infant's first twelve months
18	Rebecca	Lennartsson	Örebro University	Sweden	Provoked Vulvodynia in Emerging Adulthood: Links to Mental and Sexual Health
19	Victoria	Garre	Copenhagen University Hospital	Denmark	Transcranial magnetic stimulation as a treatment for depressive episodes in the perinatal transition: The MAGNA-trial
20	Marcus	Lindskog	Uppsala University	Sweden	Portfolios of Support and Post-Traumatic Growth among Syrian Refugees: Emotional, Informational, and Spiritual Support
21	Iris	Hamers	University Medical Center Groningen	Netherlands	Sex-specific prevalence patterns of psychiatric disorders across adulthood
22	Helena	Honkaniemi-Hoppe	Stockholm University	Sweden	The Swedish parental leave system and mental health across the life course: Project protocol and focus on maternal consequences
23	Emma Sofie	Høgsted	University of Copenhagen	Denmark	Personality trait neuroticism as a moderator of short-term estradiol add-back for the prevention of postpartum depression in high risk mothers (a MAMA-trial study)
24	Emily	Johansson	Uppsala University	Sweden	Severe maternal morbidity and long-term mortality in women: national register-based cohort study
25	Annika	K Fuglsang-Damgaard	Copenhagen University Hospital	Denmark	Reversible Effects of Oral Contraceptive Removal on Serotonergic Neurotransmission: The REVERSE-trial study design
26	Linda	Ok	Karolinska Institutet	Sweden	Bridging Epidemiology and Placental Biology to Assess the Impact of Antenatal SSRI Treatment on Offspring Neurodevelopment
27	Melina	Grahlow	University of Tübingen	Germany	Motivation and Reward Processing Across Sex/Gender and the Menstrual Cycle: A Biopsychosocial Perspective

POSTER PRESENTATIONS

27 MAY 2026



#	First name	Family name	Affiliation	Country	Title
28	Caroline	Knihs de Camargo	Uppsala University	Sweden	Understanding anxiety development during adolescence
29	Åsa	Konradsson-Geuken	Uppsala University	Sweden	When Treatment Doesn't Fit the Template: Sex-Specific Challenges and Hormone-Informed Care in Female Schizophrenia
30	Lotte	Gerritsen	Utrecht University	Netherlands	Daily sex hormone fluctuations and mood in women with and without severe premenstrual syndrome symptoms
31	Noa	Roumimper	Copenhagen University	Denmark	The maternal brain: intracortical myelin in post-partum women versus naturally cycling women
32	Zsofia	Karlocai	University of Tübingen	Germany	Sex and menstrual cycle effects on effort-based decision-making
33	Mary	Kimmel	Washington University	USA	Relationship of OCD Symptoms and Depressive Symptoms Across the Perinatal Period
34	Madeleine	Kördel	University of Tübingen	Germany	Starting or stopping oral contraceptive use modulates stress regulation and neural networks
35	Bonnie	Lee	Centre for Addiction and Mental Health	Canada	Reproductive history dynamically shapes functional connectivity in midlife in a preclinical model of Alzheimer's disease risk
36	Romina	Garcia de leon	University of Toronto	Canada	Maternal corticosterone differentially affects depressive-like endophenotypes in female and male offspring
37	Yahang	Liu	Karolinska Institutet	Sweden	Trajectories of reproductive adversity and subsequent risk of all-cause and suicide mortality among women: a Swedish population-based cohort study
38	Federica	Lucchi	Leiden University	Netherlands	An EEG study of menstrual cycle-induced hormonal fluctuations and their links to reward sensitivity and premenstrual symptoms
39	Elina	Löfström	Uppsala University	Sweden	Autonomy and responsibility in the healthcare for patients with deliberate self-harm
40	Miriam	Martini	Karolinska Institutet	Sweden	Reproductive Health Conditions in Autistic Compared to Non-Autistic Females – a Population-Based Matched cohort study in Sweden
41	Sara	Martins Chergia	Uppsala University	Sweden	Attitudes Toward Risk and Aversiveness in Relation to Mood and Anxiety Symptoms During Adolescence
42	Asha Judy	Mary	Uppsala University	Sweden	Association between Perinatal Depression Symptoms and Preeclampsia or Gestational Hypertension: A Swedish Population-Based Cohort Study
43	Margot	Morssinkhof	University Medical Center Amsterdam	Netherlands	Tracking premenstrual exacerbation (PME) of depression in a prospective clinical cohort: the TIDE study
44	Sif	Olsen	Copenhagen University Hospital	Denmark	Effects of Short-term Estrogen Intervention on Cognitive Function in Women at High Risk for Postpartum Depression: Results from the MAMA-trial
45	Susu	Qu	Karolinska Institutet	Sweden	Cross-Trait Analysis Reveals Shared Genetic Loci between Premenstrual Disorders and Postpartum Depression
46	Ella	Schleimann-Jensen	Uppsala University	Sweden	Brain structural features of postpartum depression in women with prior premenstrual symptoms
47	Julia	Siodmiak	University of Tübingen	Germany	Transcutaneous Vagus Nerve Stimulation for Postpartum Mental Health: An Integrative Randomized Controlled Trial
48	Kristina	Stenstrom	Uppsala University	Sweden	Women are More Sensitive to Experimental Pain and Have an Increased Risk of Developing Pain Conditions, but Why?
49	Mae	Tol	University Medical Center Groningen	Netherlands	Prolactin-raising antipsychotics and breast cancer risk: a meta analysis
50	Qiwei	Wang	Karolinska Institutet	Sweden	Premenstrual Disorders and Quality of Life in Sweden
51	Ebba	Widegren	Uppsala University	Sweden	Differences in fear extinction do not explain adolescent vulnerability to develop anxiety disorders and depression
52	Eva Noemi	Wiesner	University of Tübingen	Germany	Stress Perception and Reactivity Throughout the Menstrual Cycle – The Moderating Role of Academic Stress
53	Yihui	Yang	Karolinska Institutet	Sweden	Associations of parental and perinatal factors with risk of premenstrual disorders: a nationwide register-based study in Sweden
54	Hang	Yu	Karolinska Institutet	Sweden	Risk factors associated with suicidal behavior among patients diagnosed with perinatal depression
55	Sigrid	Schottenius Cullhed	Uppsala University	Sweden	"Ensnaring the hunger in his own trap": The Reception of Vanessa Springora's Consent
56	Emma	Westerberg	Karlstad University	Sweden	Experiences of a Multimodal Intervention for Provoked Vulvodynia: A Qualitative Interview Study
57	Nina	Goll	University of Tübingen	Germany	The interaction of oxytocin and sex steroids in the central nervous processing of rewards

Scan the QR codes

Abstracts and
Biographies
Keynote
Speakers



Abstracts
Oral and
Poster
Presentations



Present yourselves to each other:

Participant
Padlet



Contact us

WOMHER@uu.se

Visit our website

uu.se/forskning/womher

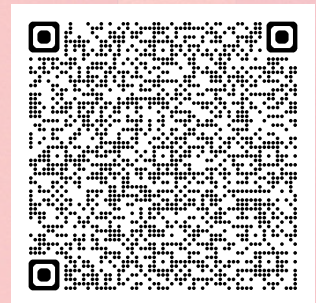
Follow our community at LinkedIn

linkedin.com/company/womher

Share your conference presence

#WOMHER

**Join our
Network**



**Conference
sponsored by**

FORTE!

Swedish Research Council for
Health, Working Life and Welfare

WOMHER

Uppsala University's Centre for Women's Mental Health

uu.se/forskning/womher