



UPPSALA  
UNIVERSITET

## Application for inclusion support top-up for studying abroad within Erasmus+

Within Erasmus+ outgoing students who have a child/children and/or a physical, mental or neuropsychiatric disability may receive additional grant of **EUR 250 per month** for the extra expenses they might have in connection with their Erasmus+ student exchange or traineeship abroad.

Students can apply to cover extra costs for example for bringing necessary aid equipment such as a wheelchair or suitable adopted accommodation, necessary psychological treatments or a preparatory visit in the host country and at the host institution. You can also apply for the additional cost of childcare or additional costs linked to the need for larger accommodation if the cost would exceed top up already granted for the same purpose. Students cannot apply for funds for pedagogical support, which the host university offer free of charge to the student.

### The application consists of two parts – your contact details and the application

This application form, should be filled in, printed, signed and mailed (with regular posts) to the Erasmus team. In the application you should state the underlying reasons for the need of the extra funds, and attache certificate from coordinator for pedagogical support at the university or from e.g. medical doctor, psychologist etc. This information will be handled cautiously. Only the Erasmus team will look at this application, and it will be stored in a locked cupboard in the Segerstedt building. If relevant, the Erasmus team may contact the responsible international coordinator and/or department and/or the coordinators supporting students with disabilities in order to make a needs assessment, students will be informed if a needs assessment will be carried out. The information will be kept as long as it is required depending on the agreement for the mobility project. The Erasmus team is responsible for ensuring that it is clearly stated when this information will be shredded. If you have any questions of how this information will be handled, please ask the Erasmus team. Once you have filled and posted this application please send an email to [erasmus@uu.se](mailto:erasmus@uu.se) to notify the Erasmus team that the application is on its way.

Printed and signed application and relevant attachments (if any) should be sent to:

Uppsala universitet/Uppsala University

Erasmus Stipendier

Box 256

751 05 UPPSALA

### Contact us for help with the application

Do you need help and support with your application? Visit Erasmus team via zoom drop in every Tuesday and Thursday during regular semesters. Information on exact time and If you contact us via email [erasmus@uu.se](mailto:erasmus@uu.se), leave out any information which could be considered sensitive regarding your case.

## Details to be filled in

### 1. Contact details of the applicant:

Name:

Personal number or date of birth:

Phone number:

Address:

Email:

Name and email to responsible international coordinator:

### 2. Application for financial support

Background: please describe why you need this support and what kind of support you need. Please attach relevant documents supporting this need, for example certificate issued from coordinator for pedagogical support at the university or from e.g. medical doctor, psychologist etc.

Do you get this support from anywhere today (are the costs covered by anyone)?

If yes, please state from where you get this support for example the region, municipality:

If no, please motivate why this support is needed for the stay abroad:

I approve of sharing my personal information and any attachments to this application with the Erasmus team. I also approve of the Erasmus team contacting my international coordinator and/or department and/or the coordinators for supporting students with disabilities in order to make a needs assessment if relevant, I understand that I will be informed if a needs assessment required to be carried out. I approve of my personal information being stored in a lockable cupboard in the Segerstedt building, as long as it is required according to the mobility programme in which I am taking part in. I understand that the Erasmus team is responsible for ensuring this information is not shared with unauthorized persons and that the primary way of contact is via regular mail and phone.

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Signature, Place och date