

# PROGRAMME

## Symposium: Sexual health as an integral part of cancer care and rehabilitation

3–4 March 2026

Uppsala, Sweden



# Programme

Tuesday 3 March

08:30–09:00

**Coffee and registration** ☕

09:00–09:15

**Welcome address**

Lena Wettergren, Professor, Uppsala University  
Claudia Lampic, Professor, Umeå University

09:15–09:45

**Cancer's impact on sexual health**  
**Findings from the Fex-Can project**

Lena Wettergren, Professor, Uppsala University  
Claudia Lampic, Professor, Umeå University  
Kristina Fagerkvist, PhD, Uppsala University

09:45–10:15

**Sexual health among Danish cancer survivors**

Pernille Bidstrup, PhD, Danish Cancer Institute  
Cecilie Madsen, M.D., Danish Cancer Institute, Aalborg University, Statens Serum Institut

10:15–10:45

**Coffee break** ☕

10:45–11:15

**Unscripted sexual practices**  
**Queer men after prostate cancer**

Mats Christiansen, Sexologist, Lecturer, Uppsala University

11:15–11:45

**How to move closer?**

**An intensive online education program targeting Danish health professionals' communication skills**

Pernille Bidstrup, PhD, Danish Cancer Institute  
Cecilie Madsen, M.D., Danish Cancer Institute, Aalborg University, Statens Serum Institut

11:45–12:15

## **PPI in intervention development**

### **Fex-Can 2.0**

Rebecca Skog, PhD student, Uppsala University  
Kim Höglund, Co-creator

12:15–13:30

## **Lunch at Café Alma**

13:30–14:00

## **Intimacy Enhancement**

### **Couple-based interventions for sexual concerns**

Jennifer Barsky Reese, PhD, Fox Chase Cancer Centre

14:00–14:30

## **IntiMera – a digital sexual support program after cancer treatment**

Amanda Hellström, PhD, Linnaeus University  
Samuel Ask, PhD student, Linnaeus University

14:30–15:00

## **Coffee break**

15:00–15:30

## **Brief interventions for female cancer survivors experiencing changes in sexual health and function**

Sharon Bober, PhD, Director, Dana-Farber Cancer Institute

15:30–16:30

## **Panel discussion:**

What makes interventions to improve sexual health successful?

Alla presentationer under dagen kommer att hållas på engelska.  
All presentations throughout the day will be held in English.

# Programme

Wednesday 4 March

09:00–09:10

## Välkommen

Lena Wettergren, Professor, Uppsala universitet  
Claudia Lampic, Professor, Umeå universitet

09:10–09:30

## När blir jag sugen på att ligga igen?

Lovisa Ljung, medlem & representant för Ung Cancer

09:30–10:00

## Blir man bättre med BETTER?

Effekter av en utbildning för kontaktsjuk-  
sköterskor i att samtala om sexualitet

Cecilia Olsson, Professor, Karlstads universitet  
Anders Ringnér, PhD, Docent, Umeå universitet  
& Karlstads universitet

10:00–10:30

## Sex efter cancer

Multiprofessionella interventioner inom  
specialiserad cancerrehabilitering

Isak Eliasson, psykolog, Centrum för Cancerrehabilitering  
Minna Forssberg, fysioterapeut, Centrum för Cancerrehabilitering

10:30–11:00

## Fikapaus

11:00–11:20

## Socialstyrelsens samtalsstöd om sexuell hälsa – med PLISSIT-modellen som grund

Fox Foxhage, utredare, Socialstyrelsen

11:20–11:40

## Sexualitet i skärningspunkten mellan cancer och funktionsnedsättning

Anna-Sofia Bengtsson, sexolog, Cancer Rehabilitation Skåne Online

Alla presentationer under dagen kommer att hållas på svenska.  
All presentations throughout the day will be held in Swedish.

11:40–12:25

**Paneldiskussion:**

Hur kan vi på ett inkluderande och framgångsrikt sätt föra samtal om sexuell hälsa inom vården?

12:25–12:30

**Avslutning**

Lena Wettergren, Professor, Uppsala universitet  
Claudia Lampic, Professor, Umeå universitet

12:30–13:30

**Lunch på Café Alma**

Alla presentationer under dagen kommer att hållas på svenska.  
All presentations throughout the day will be held in Swedish.

**Funded by**



Wenner-Gren Stiftelserna  
Wenner-Gren Foundations

