

## CURRICULUM VITAE

**Date Prepared:** November 3, 2022  
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**Place of Birth:** Belfast, Northern Ireland, UK

### Education:

2000	BSc (Hons), Science Policy and Communication	University College London
2003	MA, <i>with distinction</i> , Philosophy	Queen's University, Belfast
2008	PhD, <i>pass with no corrections</i> , Philosophy, thesis advisors: Prof. Cynthia MacDonald and Prof. Alan Weir	Queen's University, Belfast

### Postdoctoral Training:

5/13-7/13	International Postdoctoral Fellow Centre for Mind, Brain & Cognitive Evolution	Ruhr University, Bochum, Germany
10/13-9/15	Postdoctoral Fellow, Government of Ireland Philosophy of Medicine & Ethics	University College Dublin Ireland

### Visiting Research Fellowships:

10/15-8/16	Non-Clinical Research Fellow, Wellcome Trust ISSF, Medical Humanities	University of Leeds, England, UK
10/17-9/18	Scholar, Fulbright-HRB, Program in Placebo Studies and Therapeutic Encounter, Division of General Medicine/Section for Research	Harvard Medical School/Beth Israel Deaconess Medical Center, Boston, MA
10/17-	<b>Research Fellow in Medicine</b> , Irish Research Council & Marie Skłodowska Curie International/Placebo Studies and Therapeutic Encounter, Division of General Medicine/Section for Research, BIDMC and the School of Psychology, University College Dublin	<b>Harvard Medical School</b>

### Faculty Academic Appointments:

9/9-2/13	Adjunct Lecturer, School of Politics, International Studies and Philosophy	Queen's University, Belfast Northern Ireland, UK
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### Other Professional Positions:

2011-2013	Outreach Officer, School of Philosophy	Queen's University, Belfast, N. Ireland, UK
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9/16-9/17 10/19-	Research Assistant <b>Keane Visiting Scholar</b> , OpenNotes, Division of General Medicine/Section for Research	Dublin Institute for Advanced Studies, Ireland <b>Beth Israel Deaconess Medical Center</b>
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**Major Administrative Leadership Positions:****International:**

2015-2016	Consultant, Philosophy Curriculum and Co-Author, Philosophy School Curriculum	National Council for Curriculum and Assessment, Dublin, Ireland
2014-2020	Co-Founder/Chair/Steering Group Member	Society for International Placebo Studies (‘SIPS’)
2016-2017 2020-	Co-Founder/Chair/Steering Group Member Member of the Ethical Advisory Group established by RQAI as part of the Expert Review of the records of the deceased patients of Dr W, a consultant neurologist	Philosophy Ireland (‘PI’) Northern Ireland's Regulation & Quality Improvement Authority (RQIA)

**Committee Service:****International:**

2016-2017	Member, Irish Early Career Research Committee, EU Bratislava Declaration translated into policy, recommendations for Irish Government
2016- 2017-	Steering Group Member, Philosophy in Education Project, UK Steering Committee Member, Northern Ireland Ethics Forum 2017

**Professional Societies:**

2011- 2013-2016	Society for Applied Philosophy, Member Society for Women in Philosophy Ireland, Member
<u>2014-</u> 2014-2021	<u>Society for Interdisciplinary Placebo Studies, Co-Founder</u> Member, Steering Group Committee
2014- 2016-	Human Behavior and Evolutionary Psychology Society, Member British Psychological Society, Affiliate Member

**Grant Review Activities:**

2012	Peer Reviewer for Postdoctoral Award, Arts and Humanities and Humanities Research Council UK
2013-2015	Peer Reviewer, for People Awards and Society and Ethics Awards, Wellcome Trust, UK
2019	Peer Reviewer, for 5-year investigator award, Croatian Science Foundation
2020	Peer Reviewer, for Research Fellowship in the Humanities and Social Sciences, Wellcome Trust UK
2022	Peer Reviewer for 2-year APEX (Academies Partnership in Supporting Excellence in Cross- disciplinary research) award scheme between the British Academy, the Royal Academy of Engineering, and the Royal Society funded by the Leverhulme Trust.

**Editorial Activities:****Ad hoc Reviewer:**

2008	Mind-Body Regulation
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2009	MIT Press, Medical Ethics Division
2009-	Journal of Medical Ethics, <i>named 1 of 25 'Super Reviewers,' 2016-2017</i>
2010	Human Ecology – An Interdisciplinary Journal
2012-	PLOS One
2012	Sociology Compass
2013	Dove Medical Press
2013-	Perspectives in Biology and Medicine
2013-15	Review of General Psychology
2014	Theoretical Medicine and Bioethics
2014	The World Journal of Biological Psychiatry
2014	Ethics and Behavior
2014	Psychology of Consciousness: Theory, Research, and Practice
2014-	Bioethics
2015	Philosophy, Psychiatry and Psychology
2015	Synthese
2015-	Frontiers in Psychology
2015-17	British Journal for the Philosophy of Science
2016-	Frontiers in Psychiatry
2016-	Journal of Clinical Psychology
2016-	Studies in the History and Philosophy of Science
2017	JAMA
2017-	Journal of Health Psychology
2017	BMC Medical Ethics
2017-	BMJ
2018-	BMJ Quality and Safety
2018-	Canadian Journal of Medicine
2019	Annals of Surgery
2019	Australian Journal of General Practice
2020	Behavioral Sciences
2020	BMC Public Health
2020	Scientific Reports
2020	Counselling and Psychotherapy Research
2021	Therapeutic Advances in Rare Diseases
2021	Current Psychology
2021	Current Dentistry
2021	Expert Review of Medical Devices
2021	F1000Research
2021	Journal of General Internal Medicine
2022	Journal of Medical Education and Curricular Development
2022	International Journal of Human-Computer Interaction
2022	Family Medicine and Community Health Journal
2022	Annals of Family Medicine
2022	Clinical Psychology and Psychotherapy
2022	Digital Health
2022	SSM – Qualitative Research in Health

### Other Editorial Roles:

2012	Peer Reviewer, book proposal, Medical Ethics Division, MIT Press, USA
2015	Co-Editor of special issue, <i>Psychotherapy and the Placebo Effect</i> , Psychology of Consciousness: Theory, Research and Practice
2017	Co-Editor, special section, <i>The Meaning Response and the Placebo Effect</i> , Perspectives in Biology and Medicine
2019-	Editorial Board Member, Journal of Philosophy in Schools
2020	Guest Editor, Frontiers in Psychiatry

2020-	Editorial Board Member, Frontiers	
2021	Peer Reviewer, book proposal, Medicine, Oxford University Press, UK	
2021	Peer Reviewer, book proposal, Artificial Intelligence and Machine Learning in Healthcare, Elsevier. USA	
2022	Peer Reviewer, book proposal, Religious Studies, Bloomsbury Academic, USA	

### Honors and Prizes:

1997	Entrance Scholarship, Faculty of Mathematics and Physical Sciences Total award: £500	University College London, England, UK
2005-2007	Doctoral Studentship, Department of Education and Library Board Total award: £25,400	Northern Ireland, UK
2012,2013	Travel Award (x2) Total awards: £1100	Society for Applied Philosophy, UK
2012-2013	BBC New Generation Thinkers Award UK-Wide Competition	BBC Radio 3 Arts & Culture and Humanities Research Council
2014	Winner, International Essay Competition Total award: £500	Society for Human Behavior & Evolution, USA
2014	Editor's Pick, Fulbright Dublin talk, <i>Hypocritical Oaths: Medicine's Dirty Secrets</i>	TEDx
2014	Mobility Grant Total award: €1875	Royal Irish Academy, Dublin, Ireland
2016	Named, one of 18 researchers guaranteed to broaden your understanding of the word	Silicon Republic Magazine
2016	Patron, SAPERE, UK	Philosophy for Children Education Charity, UK
2016	Named, one of 20 incredible women leading the way to scientific advancement	Silicon Republic Magazine
2017	Scholar Award, Fulbright-HRB Total award: €10,000	Fulbright Commission, USA & Ireland

### REPORT OF FUNDED AND UNFUNDED PROJECTS

#### Past:

2013	<i>Evolutionary Psychology and Facebook Depression</i> Ruhr University Postdoctoral Visiting International Fellow, Germany Principal Investigator. Total award: €2500 Principal Investigator on project investigating evidence for Facebook depression.
2013-2105	<i>The Placebo Effect and Psychotherapy: An Ethical Analysis</i> Government of Ireland Postdoctoral Fellowship Principal Investigator. Total award: €85,775. This project investigated informed consent and the placebo effect. Specifically, it investigated conditions for ethical informed consent to medical and psychological treatments for depression in light of placebo effects in psychotherapy.
2014	<i>International Workshop on Placebo Effect and Psychotherapy</i> Brocher Foundation, Geneva, Switzerland. Workshop Grant Principal Organizer. Total award: CHF 14000

The aim of this workshop was to bring together leading international scholars drawn from placebo studies, psychotherapy research, philosophy of psychology, and healthcare ethics to launch an international research network on conceptual and ethical issues pertaining to the role of the placebo effect in psychotherapy. The *Society for Interdisciplinary Placebo Studies* was formed at this meeting.

- 2015 *Philosophy and the Irish School*  
Society for Applied Philosophy Award  
Principal Organizer. Total award: £1500.  
The aim of this award was to bring together educationalists, philosophers, psychologists, policy makers and teachers to explore the role of philosophy in Irish schools. *Philosophy Ireland* (a national philosophy in education network) was initiated at this event.
- 2015 *Lay Attitudes about How Cognitive Behavioral Therapy Works*  
Career Development Award  
University College Dublin Seed Funding  
Principal Investigator. Total award: €4960.  
This award enabled me to work with Dr. John Kelley (Program in Placebo Studies, Harvard Medical School) to explore lay attitudes about the role of specific and common factors in cognitive behavioral therapy ('CBT'). The study investigated whether different client disclosures affect lay attitudes about the relative importance of specific and common factors in the treatment for depression using CBT.
- 2015-2016 *The Value of Illness Narratives in Medical Education*  
Wellcome Trust ISSF Non-Clinical Fellowship, UK  
Principal Investigator. Total award: £15,000.  
This project critique of the role of the medical humanities in medical education.
- 2016 *Philosophy Ireland Network Development*  
Educational Studies Association of Ireland Special Interest Group Award  
Co-organizer. Total award: €2500  
This award facilitated the establishment of *Philosophy Ireland* including website design, marketing costs, travel and speakers' fees for philosophy outreach events, and expenditure for the official launch in August 2016.
- 2017 *Philosophy in Schools and the Young Philosopher Awards*  
Seed Award, University College Dublin  
Co-Investigator. Total award: €9,330.56  
One aim of this project is to launch an undergraduate philosophy training initiative in the School of Philosophy, University College Dublin. The students will be trained in the pedagogy philosophy for children (P4C) and lead teacher-supervised placements in local primary schools. The second phase will launch The Irish Times sponsored Young Philosophers of the Year Awards – a new national competition that aims to encourage philosophy among primary and secondary school students.
- 2017-2018 *Concept of Placebo*  
Fulbright-HRB Scholar Award, USA/Ireland  
Principal Investigator. Total award: \$10,000  
This award is aimed at investigating the placebo construct from a cognitive science/philosophy of science perspective. The project will clarify the concepts 'placebo' and 'placebo' effect by producing a unified, multi-level definition of these terms.
- 2018 *Opinions of UK GPs on the Future of Primary Care*  
University of Basel, Switzerland  
Principal Investigator Total award: \$5000

This award will investigate the opinions of UK GPs on the likelihood that machine learning technology will replace key primary care tasks, and if so likely, how soon this might happen.

2017-2019

*An Interdisciplinary Analysis of Informed Consent to Psychological Treatments*

Irish Research Council-Marie Sklodowska-Curie International Fellowship CLN/2017/226

Principal Investigator. Total award: €288,167.40

This three-year grant will evaluate current ethical standards of informed consent to psychological treatments. One phase of the project surveys therapists' attitudes about the purposes, need, and content of client informed consent to therapy. A second phase conducts qualitative studies of former clients' attitudes and understanding of how therapy works. Thirdly, the project will provide an ethical analysis of current disclosure practices.

Current:

2020-2024

*Beyond Implementation of eHealth*

Forte (the Swedish Council for Health, Working Life, and Welfare)

PI: Maria Hägglund; Co-investigator: Charlotte Blease (and other partners).

Funding: 5 800 000 SEK

Project partners: Uppsala University (Sweden) and Beth Israel Deaconess Medical Centre

Time: start date July 1<sup>st</sup>, 2020.

The main objective of this research is to explore key factors that will affect implementation and adoption of collaborative eHealth, that is eHealth that is used by both patients and healthcare professionals, and to propose concrete interventions or tools to ensure widespread adoption of such eHealth. One of the more discussed collaborative eHealth tools that have been implemented in recent years, both in Sweden and internationally, is the patient accessible electronic health record (PAEHR), or open notes as referred to in the USA. We will use the implementation of PAEHRs or open notes in the USA and in Sweden as our example case. We chose this because it is a widespread type of eHealth system, it is used by both healthcare professionals, patients, and family caregivers, it has been controversial and debated, and it affects power hierarchies, professional and patient roles. Healthcare organizations (in the USA) and regions (in Sweden) have taken different approaches to implement the innovation, and adoption and actual use still vary widely between contexts.

2022-24

*OpenNotes Goes Nationwide: Preparing medical students and their teachers for shared medical records*

Macy Foundation, USA

PI: Katherine Johnson and Anita Vanka; Co-investigator: Charlotte Blease (and other partners).

Funding: \$300.00

Time: start date: January 1<sup>st</sup>, 2022.

The main objective of this project is to formulate a new, proposed curriculum that will focus on guiding medical students on how to balance benefits with risks of patient access to their clinical records. The students will be instructed on a range of practical dilemmas, and to learn to write mindfully, clearly, and efficiently. To develop and deliver it, the project will assemble a diverse group of highly talented educators, focusing on those with special expertise in open notes, educational techniques, medical ethics, and issues focusing on diversity, equity and inclusion. The project will also educate faculty preceptors on the importance of patient-centered language in written and oral communication and how to effectively assess and provide feedback to students in writing thoughtful and sensitive notes that will empower and engage patients in their care. The goal is to share educational material and experiences broadly by creating tool kits of educational materials, videos, webinars, podcasts, case discussions, checklists, and assessments for other institutions to use and implement within their institutional curricula. Finally, the project aims to develop a national advisory committee of like-minded educators from other medical schools who wish to extend and further refine these educational experiences.

- 2023 *Ten years of Experience with Patient Access to their Electronic Health Records: Exploring the Views of Practicing Physicians in Sweden*  
 Faculty of Medicine and Pharmacy, Uppsala University, Sweden.  
 PI: Charlotte Blease and Maria Hägglund  
 Funding: 498,278 SEK  
 Time: start date: June 2023 (12 months)  
 Electronic health records (EHRs) are increasingly implemented internationally, whereas digital sharing of EHRs with patients is a relatively new practice. Internationally, Sweden has been at the forefront of PAEHR, since the practice was pioneered at Uppsala University in 2012. In the US since April 2021, new federal rule mandated that all patients be offered access to their full EHR, including open notes. Despite the spread of PAEHR, we have yet to gain deep understanding of the effects of this new practice. So far, we have little nuanced understanding about how to address the novel ethical concerns that may arise from this innovation. Using qualitative research methodologies, this project will explore emergent ethical dilemmas that arise with PAEHR, from the perspective and experiences of physicians.

### Training Grants and Mentored Trainee Grants

- 2010-2012 Royal Institute of Philosophy Jacobsen Award  
 8 x £1000 Teaching Fellowship  
 Devise an introductory course on philosophy and deliver it to 16- to 18-year-old pupils in eight high schools in Northern Ireland.
- 2011 Royal Institute of Philosophy Conference Award  
 £1150 Conference Grant  
 PI on project delivering a one-day introduction to philosophy conference to local high school children. Hosted at Queen's University, Belfast.
- 2012 Royal Institute of Philosophy Outreach Award  
 £1510 Outreach Grant  
 Co-PI on award to set up Undergraduate Philosophy Outreach initiative at Queen's University, Belfast.
- 2018 Fulbright Visiting Scholar Enrichment Seminar  
 Selected to attend 3-day seminar, *Seattle: A Home for Tech and Innovation for Global Good*, Seattle, WA.

### Unfunded Current Projects:

- 2014 Conference Organization, *The Placebo Effect and Psychotherapy: An Ethical Analysis*.  
 Principal organizer of 2.5day interdisciplinary workshop for 30 scholars, Brocher Fondation, Geneva, Switzerland, sponsored by the Brocher Fondation
- 2018- Monograph project on psychology of patient-doctor appointment for general readership.  
 Commissioned by Yale University Press Trade

### REPORT OF LOCAL TEACHING AND TRAINING

#### Teaching of Students:

- |           |                                                   |                                                             |
|-----------|---------------------------------------------------|-------------------------------------------------------------|
| 2008-2009 | Epistemology<br>Undergraduate Philosophy students | School of Politics, International Studies and<br>Philosophy |
|-----------|---------------------------------------------------|-------------------------------------------------------------|

		Queen's University, Belfast 20 students Level 2: 2x one-hour lecture
2008-2009	Philosophy of Mind Undergraduate Philosophy students	School of Politics, International Studies and Philosophy Queen's University, Belfast 30 students Level 2: weekly one-hour tutorial
2008-2009	Moral Theories Undergraduate Philosophy students	School of Politics, International Studies and Philosophy Queen's University, Belfast 30 students Level 2: weekly one-hour tutorial
2009-2010	Epistemology Undergraduate Philosophy students	School of Politics, International Studies and Philosophy Queen's University, Belfast 22 students Level 2: weekly one-hour tutorial
2009-2010	Moral Theories Undergraduate Philosophy students	School of Politics, International Studies and Philosophy Queen's University, Belfast 22 students Level 2: weekly one-hour tutorial
2009-2010	Philosophy of Science Undergraduate Philosophy students	School of Politics, International Studies and Philosophy Queen's University, Belfast 31 students Level 3: weekly 2x one-hour lecture and one- hour tutorial
2009-2010	Mind and Nature Undergraduate Philosophy students	School of Politics, International Studies and Philosophy Queen's University, Belfast 33 students Level 3: weekly 2x one-hour lecture and one- hour tutorial
2010-2011	Philosophy of Science	School of Politics, International Studies and Philosophy Queen's University, Belfast 18 students Level 3: weekly 2x one-hour lecture and one- hour tutorial
2010-2011	Introduction to Philosophy Undergraduate Philosophy students	School of Politics, International Studies and Philosophy Queen's University, Belfast 128 students Level 1: weekly 2x one-hour lecture



2011-2012	Introduction to Philosophy Undergraduate Philosophy students	School of Politics, International Studies and Philosophy Queen's University, Belfast 119 students Level 1: weekly 2x one-hour lecture
2012-2013	Philosophy of Science Undergraduate Philosophy students	School of Politics, International Studies and Philosophy Queen's University, Belfast 21 students Level 3: weekly 2x one-hour lecture and one- hour tutorial
2016	Informed consent in Psychotherapy Counseling and Psychotherapy Masters Students	School of Healthcare University of Leeds, UK MSc Level 15 students
2017	Medical epistemology Lecture on course entitled 'When Experts Disagree'. Philosophy and Cognitive Science Masters Students.	School of Philosophy, University College Dublin. MA Level 14 students
2017-18	Informed consent to Psychotherapy Counseling and Psychotherapy Masters Students' thesis supervision	School of Healthcare University of Leeds, UK MSc Level Thesis 1 student
2019	Physician empathy in general practice MSc student thesis supervision	Department of Clinical Psychology and Psychotherapy University of Basel, Switzerland MSc Level Thesis 1 student
2019-2021	Lay attitudes to open label placebos MSc student thesis supervision	Department of Clinical Psychology and Psychotherapy University of Basel, Switzerland MSc Level Thesis 1 student
2020	Sharing Clinical Notes in Psychotherapy: Ethical Considerations Psychotherapy trainees	Department of Clinical Psychology and Psychotherapy University of Basel, Switzerland 27 Post-Masters, Psychotherapy students
2021-	PhD co-supervisor of Josefin Hagström Patients' adolescent patients' access to their clinical records	Department of Women's and Children's Health University of Uppsala, Sweden
2021-	PhD second supervisor of Léo Druart Placebo effects and contextual models of Care	Department of Physiotherapy University of Grenoble, France

2022	Placebo studies: Philosophical reflections on an emerging science	Department of Clinical Psychology and Psychotherapy University of Basel, Switzerland 36 Masters Students
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**Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs):**

2019-2020	Medical Ethics Postdoctoral level student	School of Public Health Brown University, Rhode Island, USA
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**Formal Teaching of Peers (CME):**

*Presentations below sponsored by 3<sup>rd</sup> parties/outside entities are noted*

2020	Sharing Clinical Notes with Patients: Benefits, Risks and Challenges Invited Webinar	American Psychiatric Association <i>Sponsored – fee received.</i>
2020	How to Effectively and Transparently Share Patient Records Invited Webinar	University of Plymouth <i>Sponsored by EPIC – no payment received</i>

**Local Invited Presentations:**

*No presentations below were sponsored by 3<sup>rd</sup> parties/outside entities*

2013	An Ethical Analysis of Psychotherapy as a Placebo Invited Lecture	Institute for Medical Ethics and History of Medicine Ruhr University, Bochum, Germany
2013	Explaining Cultural Differences: Evoked Culture and Mild Depression Fellowship Lecture	Centre for Mind, Brain, and Cognitive Evolution Ruhr University, Bochum, Germany
2017	Informed Consent and Clinical Trials Lecture	Division of General Medicine Beth Israel Deaconess Medical Center
2018	Ethics of Placebos in Pediatric Research Invited Lecture	Placebo Pediatric Research Group Boston Children's Hospital

**REPORT OF REGIONAL, NATIONAL, AND INTERNATIONAL INVITED TEACHING AND PRESENTATIONS**

*Presentations below sponsored by 3<sup>rd</sup> parties/outside entities are noted*

**Regional:**

2018	Fulbright International PhD Studentships Invited Speaker, Fulbright Scholar Hillel House, Cambridge, MA
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**National:**

2012 The Duty to be Well Informed: Depression and Informed Consent  
 Selected abstract for platform presentation  
 Annual Medical Humanities Conference, Western Michigan University  
 Kalamazoo, MI

**International:**

2012 Paternalism and Psychodynamic Psychotherapy  
 Selected Abstract  
 New Perspectives on Paternalism: Postdoctoral Workshop  
 Hamburg University, Germany  
 Sponsored by the Department of Health, German Federal Government  
*Honorarium received*

2013 Mental Health Illiteracy  
 Invited Keynote  
 British Postgraduate Association (BPA) Workshop on Philosophy of Psychiatry  
 University College London  
*Sponsored by BPA*

2013 Ethics and the Placebo Effect  
 MSc Guest Lecturer  
 Workshop on Concepts and Ethics of the Placebo Effect, Division of Psychology, and Clinical  
 Psychology and Psychotherapy. University of Basel, Switzerland  
*Honorarium received*

2014 Common Factors Research in Psychotherapy  
 Invited Presentation  
 Mater Misericordiae University Hospital, Dublin

2104 What Evolution Can Do for Psychiatry  
 Invited Presentation  
 Symposium on The Future of Diagnosis in the DSM V  
 Brocher Fondation, Geneva, Switzerland

2014 Connecting Evolutionary Psychology with Placebo Research in Psychotherapy  
 Invited Lecture  
 Program in Placebo Studies and Therapeutic Encounter  
 Harvard Medical School/Beth Israel Deaconess Medical Center,  
 Boston, USA

2015 Talking More about Talking Cures: Psychotherapy and Evolutionary Models of Depression  
 Selected Abstract  
 Human Behavior and Evolution Society, annual meeting  
 Natal, Brazil

2015 Philosophy in Schools  
 Invited Presentation  
 Society for Women in Philosophy, Dublin

2015 The Dangers of Common Sense: The Role of Narrative in Medical Education  
 Invited Presentation  
 Workshop on Gender, Medicine, and the Body  
 Trinity College, Dublin

- 2015            The Placebo Effect and Psychotherapy  
Invited Lecture  
School of Philosophy, University of Bristol
- 2016            The Placebo Effect and Psychotherapy  
Invited Presentation  
Workshop on the Placebo Effect, Universidad Nacional de Educacion a Distancia (UNED)  
Madrid
- 2016            Evidence-Based Practice and Informed Consent to Psychotherapy  
Selected Abstract  
Joint meeting of the British Psychological Society's History and Philosophy of Psychology and  
Critical Psychiatry Network  
Leeds Trinity University, Leeds, UK
- 2016            Empathetic Care: What do Patients and Practitioners Know?  
Selected Abstract  
Launch of Oxford Empathetic Care Program, Department of Primary Care Health Sciences,  
University of Oxford
- 2016            Epistemic Injustice and Chronic Fatigue Syndrome  
Selected Abstract  
Society for Women in Philosophy  
National University of Ireland, Galway
- 2017            Epistemic Injustice and Chronic Fatigue Syndrome  
Invited Presentation  
Northern Ireland, Ethics Forum  
School of Law, Queen's University, Belfast
- 2017            Epistemic Injustice and Chronic Fatigue Syndrome  
Invited Presentation  
Northern Ireland, Ethics Forum  
School of Law, Queen's University, Belfast
- 2017            Informed Consent in Clinical Trials: Where is the Placebo Effect?  
Invited Conference Presentation  
First Society for Interdisciplinary Placebo Studies Conference  
University of Leiden, the Netherlands
- 2017            Empathy in Medicine: Limitations for Clinical Practice  
Resilience Workshop  
St James' Hospital, Dublin  
Trinity College Dublin, Sponsored by St James' Hospital  
*Honorarium received*
- 2017            Implicit Bias in Clinical Practice  
Staff Training Day  
School of Medicine, Dentistry, and Biomedical Sciences  
Queen's University, Belfast  
*Honorarium received*
- 2019            Open-Label Placebos: Reflections on a Research Program  
Invited Conference Presentation

Second Society for Interdisciplinary Placebo Studies Conference  
University of Leiden, the Netherlands

- 2021      Sharing Mental Health Notes: Perspective from the USA  
Invited Conference Presentation  
Vitalis (largest annual e-Health conference in Scandinavia)  
Sweden
- 2021      Sharing Patient Access to Clinical Notes, and Placebo and Nocebo Effects  
Invited Plenary Lecture  
Third Society for Interdisciplinary Placebo Studies Conference  
University of Maryland, Baltimore, USA
- 2021      Summer School for PhD Students  
Invited Keynote  
School for PhD students in the UK holding awards from the Northern Bridge partnership  
funded by the UK's Arts & Humanities Research Council (AHRC)  
Arts and Humanities Research Council, UK
- 2021      Is denying patients access to their electronic records unethical?  
Invited introductory presentation and discussant  
BMJ
- 2022      Getting it write: What to do now that patients in England can read their GPs' notes  
Chairperson of webinar  
OpenNotes, Beth Israel Deaconess Medical Center, Harvard Medical School, USA
- 2022      Ethics of Patient Online Record Access  
Journalen Ten Year Anniversary Conference  
Uppsala University, Sweden
- 2022      Out of control: Designing placebos for digital interventions  
Psychiatry Innovation Summit: Collaboration towards digital future in brain health  
Sponsored by Angelini Pharma  
Rome, Italy.  
*Fee received*

## **REPORT OF TEACHING AND EDUCATION INNOVATIONS**

- 2008-2013      Construction of student-lecturer signed contract at the beginning of lecture modules in my teaching practice. This was designed to motivate and encourage students to attend class and submit work on time. Contract was made visible to students online.
- 2011-2013      Initiated Queen's University Philosophy outreach project. Undergraduate philosophy students earned a SAPERE teaching certificate in the pedagogy 'philosophy for children' and taught 6-week long sessions in local primary schools.
- 2012-2013      Devised philosophy teaching packages for the CCEA (Council for Curriculum, Examinations, and Assessment in Northern Ireland). These packages were designed to aid the teaching of ethics and philosophy of religion among religious studies teachers.
- 2015-2016      Consultant to the NCCA (National Council for Curriculum and Assessment in Ireland) and co-author of the new Junior Cycle Short Course in Philosophy for 12-16-year-olds in the Irish

school curriculum. This course embedded the pedagogy ‘Philosophy for Children’ (P4C) in the course.

- 2016 Inclusion of ethics and informed consent in training MA students of Counseling and Psychotherapy at the School of Healthcare, University of Leeds. Developed with Dr. Gillian Proctor, University of Leeds.

## REPORT OF EDUCATION OF PATIENTS AND SERVICE TO THE COMMUNITY

*No presentations below were sponsored by 3<sup>rd</sup> parties/outside entities*

### Activities:

- 2010 Instructor, Queen’s University Outreach Centre, Five-week course (2x one-hour lecture per week), adult learners: 20 students
- 2011 Instructor, Introduction to History and Philosophy of Psychiatry (for lay audience), Queen’s University Outreach Centre, five-week course (2x one-hour lecture per week)  
Adult learners: 24 students
- 2011 Conference Organizer, Introduction to Philosophy, principal organizer of a one-day conference for 120 high school students, Queen’s University, Belfast, sponsored by the Royal Institute of Philosophy
- 2015 Conference Organizer, Philosophy and the Irish School, Co-organizer of one day symposium Attended by 100 people, School of Philosophy, University College Dublin. Sponsored by the Society for Applied Philosophy; Fulbright Ireland; The Irish Philosophical Society; and The Newman Centre
- 2016 Conference Organizaer, launch of Philosophy Ireland, co-organizer of one day event, attended by 70 people including our Patron First Lady of Ireland Sabina Higgins, The Irish Georgian Society. Dublin  
Sponsored by The Education Studies Association of Ireland

### Educational Material for Patients and the Lay Community:

#### Books, Monographs, Articles and Presentations in Other Media:

##### Print and Online Media:

- |      |                                                                           |                                                                                 |                                                                       |
|------|---------------------------------------------------------------------------|---------------------------------------------------------------------------------|-----------------------------------------------------------------------|
| 2011 | Empowering young minds of future                                          | Feature in <i>The Irish News</i><br>Readership: 40K daily                       | July 19 <sup>th</sup> , 2011                                          |
| 2012 | We think therefore we learn                                               | Interview with Joe Humphreys<br><i>The Irish Times</i><br>Readership: 85K daily | February 21 <sup>st</sup> , 2012<br>Available online                  |
| 2012 | Research communications:<br>Building good academic-media<br>Relationships | Invited online panelist<br><i>The Guardian</i>                                  |                                                                       |
| 2013 | Can a shot of the humanities<br>make doctors more humane?                 | Notes & Theories,<br><i>The Guardian</i>                                        | Nov. 4 <sup>th</sup> , 2013<br>Available online.<br>Shared: 121 times |
| 2015 | Is psychotherapy a license                                                | Interview with Joe Humphreys                                                    | April 1 <sup>st</sup> , 2015                                          |

	to deceive?	<i>The Irish Times</i> Readership: 85K daily	Available online
2015	The talking cure taboo	Invited blog for <i>BMJ</i> Internet traffic: 10m/month	BMJ Blogs (online) April 20 <sup>th</sup> , 2015
2015	How Facebook is changing the way we think and feel	Interview in <i>The Kernal</i> Internet traffic: 12m/month	May 3 <sup>rd</sup> , 2015 Available online
2015	Philosophy is a right	Invited feature for Irish Primary Principal's magazine <i>Leadership+</i> Distribution: 7K	May 5 <sup>th</sup> , 2015
2015	Antidepressants: The real story behind their increase in use and side-effects	Interview with Katie Byrne for <i>The Herald</i> Readership: 49.5K daily	May 13 <sup>th</sup> , 2015. Available online
2015	Research on the placebo effect is a bitter pill for pharmaceutical companies to swallow	Invited feature <i>The Herald</i> Readership: 49.5K daily	May 14 <sup>th</sup> , 2015 Available online
2015	Facebook Depression	Feature on my article in <i>Psychology Today</i>	May 25 <sup>th</sup> , 2015 Available online
2015	Philosophy: the subject that Improves children's literacy, Numeracy and conduct	Interview in <i>The Irish Times</i> Readership: 85K daily	August 15 <sup>th</sup> , 2015 Available online
2015	Education for what? The compelling case for critical thinking	Editorial in <i>The Irish Times</i> Readership: 85K daily	August 22 <sup>nd</sup> , 2015 Available online
2015	Is Facebook luring you into being depressed?	Interview with Chelsea Wald for <i>Nautilus</i> Internet traffic: 7m/year	Dec. 3 <sup>rd</sup> , 2015 Available online
2016	Why the most hated person on the internet today is probably someone you have never heard of	Interview with Caitlin Gibson for <i>The Washington Post</i> Readership: 475K daily	March 22 <sup>nd</sup> , 2016 Available online
2016	Meaningful and sensible placebos	Interview with Jose Viosca for <i>Mapping Ignorance</i>	May 2 <sup>nd</sup> , 2016 Available online
2016	Is this on the exam? The pressing need for philosophy in schools	Invited feature in <i>The Irish Times</i> Readership: 85K daily	May 2 <sup>nd</sup> , 2016 Available online
2016	Talking a philosophical approach to healthcare	Interview with Claire O'Connell for <i>Silicon Republic</i>	June 3 <sup>rd</sup> , 2016 Available online

		Internet traffic: 250K/month	
2016	Talking therapy is on the rise but who are we talking to?	Interview with Katie Byrne for <i>The Irish Independent</i> Readership: 108.5K daily	June 28 <sup>th</sup> , 2016 Available online
2016	My research heroes: The need for cosmopolitan Ideas	Invited Blog for <i>Irish Research Council</i> Also published in <i>Silicon Republic</i> Internet traffic: 250K/month	July 2016 Available online
2016	Sabina Higgins backs campaign for teaching philosophy in schools	Interviewed for feature <i>The Irish Times</i> Readership: 85K daily	August 28 <sup>th</sup> , 2016 Available online
2016	Philosophy course for our schools; Thinking caps are pulled on As philosophy hits schools; Get priorities right	Interviewed for feature Front page, page 2, Comment page 12 of <i>The Irish Daily Mail</i> Readership: 217K daily	August 29 <sup>th</sup> , 2016 Available online
2016	Mind the gap: Ethical failures in the treatment of chronic fatigue syndrome	Invited blog for <i>BMJ</i> Internet traffic: 10m/month	December 6 <sup>th</sup> , 2016 Online
2017	Philosophy can teach children what Google can't	<i>The Guardian</i> 161K daily	January 9 <sup>th</sup> , 2017 Shared online: 70.5K times
2017	Philosophy Class	<i>Irish Freethinker and Humanist</i>	March/April 2017
2017	Philosophy essential for all	<i>Education Technology</i> Bi-monthly readership: 18.5K	April 23 <sup>rd</sup> , 2017
2017	New Generation Thinkers	Interview on <i>AHRC</i> website, UK	October 15 <sup>th</sup> , 2017
2018	Going beyond the STEM trend, Ireland pushes philosophy	Interview in <i>Pacific Standard</i>	March 2 <sup>nd</sup> , 2018
2018	UK doctors skeptical that AI could replace them: Study	<i>The Times of India</i> Monthly readership: 1.3m	December 19 <sup>th</sup> , 2018 Available online
2018	British doctors skeptical that AI could entirely replace them	<i>The Week</i>	December 19 <sup>th</sup> , 2018 Available online
2018	AI won't replace us, docs say	Interview in <i>IEEE Spectrum</i> Monthly views: 1.8m	December 20 <sup>th</sup> , 2018 Available online
2019	Why do placebos work?	<i>Gizmodo</i>	October 28 <sup>th</sup> , 2019 Available online



2019	The end of placebos is in sight	<i>Wired</i>	December 2 <sup>nd</sup> , 2019 Available online
2020	Coronavirus: How can philosophy help us during this time of crisis?	<i>The Irish Times</i>	March 26 <sup>th</sup> , 2020 Available online
2020	Should psychotherapists open their notes to patients? (with John Torous)	<i>Psychology Today</i>	April 23 <sup>rd</sup> , 2020 Available online
2020	Treating patients like grown-ups: Open notes	<i>Medium</i>	July, 12 <sup>th</sup> 2020 Available online
2020	Should mental health patients see their doctors' notes?	<i>Aeon/Psyche</i>	July 22 <sup>nd</sup> , 2020 Available online
2020	Opening mental health notes: 7 tips to prepare clinicians (with John Torous)	<i>Psychology Today</i>	October 19 <sup>th</sup> , 2020 Available online
2020	Patients can read your clinical notes starting November 2 <sup>nd</sup>	<i>Medscape</i>	October 21 <sup>st</sup> , 2020 Available online
2020	Our patients should be allowed to examine their medical notes	<i>The Irish Times</i>	November 2 <sup>nd</sup> , 2020 Available online
2021	Don't fear patients reading their clinical notes: Opinion (with Tom Delbanco)	<i>Medscape</i>	February 11 <sup>th</sup> , 2021 Available online
2021	Boosting engagement with care: Emerging, existing, and underutilized technology solutions that you can use today (with John Torous)	<i>Psychology Today</i>	March 24 <sup>th</sup> , 2021 Available online
2021	Starting Monday, patients can read your notes: 5 key things (Interview with Nick Mulcahy)	<i>Medscape</i>	April 1 <sup>st</sup> , 2021 Available online
2021	Should you read the notes your doctor writes about you? (Interview with Dr Dustin Ballard)	<i>Psychology Today</i>	April 4 <sup>th</sup> , 2021 Available online
2021	New U.S. federal law to ensure easy access to patient health information	<i>Cambria Health Foundation</i>	April 5 <sup>th</sup> , 2021 Available online
2021	While empowering patients, oncology open notes may add to physician workload (Interview with Jennifer Byrne)	<i>HemOnc Today</i>	May 10 <sup>th</sup> , 2021 Available online
2021	'You have cancer': When	<i>Medscape</i>	August 11 <sup>th</sup> , 2021

	the computer pre-empts the doctor (Interview with Sharon Worchester)		Available online
2021	Open notes my help older patients – if they actually read them (Interview with Jack Remaly)	<i>Medscape</i>	September 8 <sup>th</sup> , 2021 Available online
2021	We need to talk about ‘closed notes’	<i>BMJ Opinion</i>	October 15 <sup>th</sup> , 2021 Available online
2021	Open notes: Big benefits, Harms in psychiatry, experts say (Interview with Megan Brooks)	<i>Medscape</i>	October, 29th 2021 Available online
2021	Patients reading their electronic health records: The end of deceptive placebos?	<i>Journal of Medical Ethics Blog</i>	November 2 <sup>nd</sup> , 2021
2021	Should you tell your doctor that you’re a doctor? (Interview with Sharon Worchester)	<i>Medscape</i>	November 9 <sup>th</sup> , 2021
2022	Placebo response reveals unconscious bias among white patients toward female, Black physicians (Interview with Katherine Gilyard)	<i>STAT</i>	June 28 <sup>th</sup> , 2022

#### Television and Radio:

2011	Why Northern Ireland needs to think more and talk less	Interview on Arts Extra <i>BBC Radio Ulster</i> Listenership: 15K nightly	July 19 <sup>th</sup> , 2011
2011	Philosophy in schools	Interview on Arts Extra <i>BBC Radio Ulster</i> Listenership: 15K nightly	September 20 <sup>th</sup> , 2011
2012	The placebo effect and patient deception	Essay on Nightwaves <i>BBC Radio 3</i> Listenership: 200K	June 20 <sup>th</sup> , 2012 Available online
2012	Review of ‘Saving Lives’ Medical Exhibition at the Imperial War Museum North, Manchester, UK	Interview with Samira Ahmed. <i>BBC Radio 3</i> Listenership: 200K	October 11 <sup>th</sup> , 2012 Available online
2012	The Medicine Game	Recorded live at the <i>Free Thinking Festival</i> , Gateshead, and	November 5 <sup>th</sup> , 2012 Available online

		broadcast on Nightwaves <i>BBC Radio 3</i> Listenership: 200K	
2013	Panel discussion on the role of the placebo effect in primary care	Interviewed on Sunday Sequence, <i>BBC Radio Ulster</i> . Listenership: 10K	March 24 <sup>th</sup> , 2013
2013	Writer & presenter of a short film on the placebo effect for BBC TV	<i>BBC Arts &amp; Culture</i>	April 10 <sup>th</sup> , 2013 Available online
2014	Panel discussion on DSM-V.	Interview with Anne McEvoy <i>BBC Radio 3</i> Listenership: 200K	May 8 <sup>th</sup> , 2014 Available online
2015	Interview on the need for Philosophy in Irish schools	Interview on the George Hook Show <i>Newstalk Radio</i> Listenership: 128K daily	May 4 <sup>th</sup> , 2015
2015	Interview on evolutionary psychology and philosophy of medicine	Interviewed by Jonathan McCrea on Future Proof <i>Newstalk Radio</i> . Listenership: 50K	December 5 <sup>th</sup> , 2015 Available online
2015	10 Things to Know About... Pain	Interview with Kathriona Devereux for “10 Things to Know About...” science show <i>RTE One</i>	December 7 <sup>th</sup> , 2015
2016	Interview on Facebook Depression.	Interviewed by Henry Shinn TBS Primetime, Seoul, South Korea.	March 24 <sup>th</sup> , 2016
2016	Interview on launch of <i>Philosophy Ireland</i>	Interview on the George Hook Show <i>Newstalk Radio</i> Listenership: 128K daily	August 30 <sup>th</sup> , 2016
2016	Documentary on Dr John Bodkin Adams	Interview on medical ethics and professionalism for <i>TG4</i>	October 19 <sup>th</sup> , 2017
2017	Philosophy in schools	Interview on Sunday Sequence <i>BBC Radio Ulster</i> Listenership: 10K weekly	January 15 <sup>th</sup> , 2017
2019	The Placebo Paradox	Interview <i>BBC Radio Four</i>	February 18 <sup>th</sup> , 2019

2019	Interview on survey findings on anxiety and depression among Irish youth	Interview on the Newstalk Breakfast Show with Susan Keogh <i>Newstalk Radio</i> Listenership: 128K daily	July 6 <sup>th</sup> , 2019
2019	Interview for documentary on philosophy & the knowledge economy in Ireland	Futurevisions: Could philosophy save Ireland? <i>RTE One</i>	September 3 <sup>rd</sup> , 2019
2020	Interview on the relevance of philosophy to the Coronavirus pandemic	Interview with Ivan Yates The Hard Shoulder <i>Newstalk Radio</i> , Dublin Ireland	March 26 <sup>th</sup> 2020

Speaking Festivals/Video/Website Presentations:

2013	Panel discussion on the medical humanities.	Chaired by Dr Iona Heath Former President of Royal College of GPs, UK Medicine Unboxed, Cheltenham	November 17 <sup>th</sup> , 2013 Available online
2014	Hypocritical Oaths: Medicine's dirty secrets	TEDx Fulbright Dublin. Smock Alley Theatre	April 5 <sup>th</sup> , 2014 Available online Viewers:13.5K
2015	Philosophy is a right	TEDx UCD, Dublin University College Dublin	December 4 <sup>th</sup> , 2015 Available online Viewers: 3.2K
2016	Rebooting education For Generation 2.0	Summer Festival University College Dublin	July 1 <sup>st</sup> 2016
2016	The future 'art' of medicine	Invited speaker at Inspirefest Bord Gais Theatre, Dublin Audience: 1K	July 1 <sup>st</sup> , 2016 Available online
2016	Philosophy is a right	Invited keynote speaker World Philosophy Day SAPERRE AGM Royal National Hotel Central London	November 17 <sup>th</sup> , 2016
2016	Philosophy for all	Invited speaker President of Ireland Reception for <i>Philosophy Ireland</i> World Philosophy Day Aras an Uachtarain Dublin	November 19 <sup>th</sup> , 2016
2017	Philosophy for everyone	Philosophy in schools and the community	February 1 <sup>st</sup> , 2017

		The Storey Institute Lancaster, Lancashire, UK	
2017	Panel discussion on the 'Machines, morality and the future of healthcare'	British Academy Event School of Law Queen's University, Belfast	March 23 <sup>rd</sup> , 2017 Available online
2018	Interview on the role of context on learning	101 Ways We Learn Podcast School of Education, University College Dublin	January 21 <sup>st</sup> , 2018
2020	New US Law Mandates Patient Access to their Clinical Notes	Annals Author Insight Video Website video Annals of Internal Medicine USA	October 13 <sup>th</sup> , 2020

## REPORT OF SCHOLARSHIP

### Peer-Reviewed Scholarship in Print or Other Media:

\*sole author, or first or last authorship

1. \* **Blease C.** Scientific progress and the prospects for culture-bound syndromes. *Studies in History and Philosophy of Science Part C: Studies in History and Philosophy of Biological and Biomedical Sciences*. 2010 Dec 1;41(4):333-9.
2. \* **Blease C.** Deception as treatment: the case of depression. *Journal of Medical Ethics*. 2011 Jan 1;37(1):13-6.
3. \* **Blease C.** The principle of parity: the 'placebo effect' and physician communication. *Journal of medical ethics*. 2012 Apr 1;38(4):199-203.
4. \* **Blease CR.** Electroconvulsive therapy, the placebo effect and informed consent. *Journal of medical ethics*. 2013 Mar 1;39(3):166-70.
5. \* **Blease C.** Electroconvulsive therapy: the importance of informed consent and 'placebo literacy'. *Journal of medical ethics*. 2013 Mar 1;39(3):173-4.
6. \* **Blease C.** Mental health illiteracy? Perceiving depression as a disorder. *Review of general psychology*. 2012 Mar;16(1):59-69.
7. \* **Blease C.** The duty to be well-informed: The case of depression. *Journal of medical ethics*. 2014 Apr 1;40(4):225-9.
8. \* **Blease CR.** Too many 'friends,' too few 'likes'? Evolutionary psychology and 'Facebook depression'. *Review of General Psychology*. 2015 Mar;19(1):1-3.
9. \* **Blease CR.** Talking more about talking cures: cognitive behavioural therapy and informed consent. *Journal of Medical Ethics*. 2015 Sep 1;41(9):750-5.

10. \* **Blease C.** Authorized concealment and authorized deception: well-intended secrets are likely to induce nocebo effects. *The American Journal of Bioethics*. 2015 Oct 3;15(10):23-5.
11. \* **Blease C,** Colloca L, Kaptchuk TJ. Are open-label placebos ethical? Informed consent and ethical equivocations. *Bioethics*. 2016 Jul;30(6):407-14.
12. Gaab J, **Blease C,** Locher C, Gerger H. Go open: A plea for transparency in psychotherapy. *Psychology of Consciousness: Theory, Research, and Practice*. 2016 Jun;3(2):175.
13. \* **Blease CR,** Lilienfeld SO, Kelley JM. Evidence-based practice and psychological treatments: the imperatives of informed consent. *Frontiers in psychology*. 2016 Aug 10;7:1170.
14. \* **Blease C.** In defence of utility: the medical humanities and medical education. *Medical humanities*. 2016 Jun 1;42(2):103-8.
15. \* **Blease C,** Trachsel M. Paternalism, placebos, and informed consent in psychotherapy: the challenge of ethical disclosure. *Verhaltenstherapie*. 2016;26(1):22-30.
16. \* **Blease C,** Carel H, Geraghty K. Epistemic injustice in healthcare encounters: evidence from chronic fatigue syndrome. *Journal of Medical Ethics*. 2017 Aug 1;43(8):549-57.
17. \* **Blease C.** Philosophy's territorialism: scientists can talk about values too. *Philosophy, Psychiatry, & Psychology*. 2017;24(3):231-4.
18. Corr M, Roulston G, King N, Dornan T, **Blease C,** Gormley GJ. Living with 'melanoma'... for a day: a phenomenological analysis of medical students' simulated experiences. *British Journal of Dermatology*. 2017 Sep;177(3):771-8.
19. \* **Blease CR,** Bishop FL, Kaptchuk TJ. Informed consent and clinical trials: where is the placebo effect? *Bmj*. 2017 Feb 3;356.
20. \* Geraghty KJ, **Blease C.** Cognitive behavioural therapy in the treatment of chronic fatigue syndrome: A narrative review on efficacy and informed consent. *Journal of health psychology*. 2018 Jan;23(1):127-38.
21. \* **Blease C,** Kelley JM, Trachsel M. Informed consent in psychotherapy: implications of evidence-based practice. *Journal of Contemporary Psychotherapy*. 2018 Jun;48(2):69-78.
22. \* Gaab J, Locher C, **Blease C.** Placebo and psychotherapy: differences, similarities, and implications. *International review of neurobiology*. 2018 Jan 1;138:241-55.
23. \* **Blease CR.** Psychotherapy and placebos: manifesto for conceptual clarity. *Frontiers in psychiatry*. 2018 Aug 20;9:379.
24. \* **Blease C.** Consensus in placebo studies: lessons from the philosophy of science. *Perspectives in biology and medicine*. 2018;61(3):412-29.
25. \* Annoni M, **Blease C.** A Critical (and Cautiously Optimistic) Appraisal of Moerman's "Meaning Response". *Perspectives in biology and medicine*. 2018;61(3):379-87.
26. \* Locher C, Gaab J, **Blease C.** When a placebo is not a placebo: problems and solutions to the gold standard in psychotherapy research. *Frontiers in psychology*. 2018 Nov 26;9:2317.
27. \* **Blease C,** Geraghty KJ. Are ME/CFS patient organizations "militant"? *Journal of bioethical inquiry*. 2018 Sep;15(3):393-401.

28. \* Friesen P, **Blease C**. Placebo effects and racial and ethnic health disparities: an unjust and underexplored connection. *Journal of Medical Ethics*. 2018 Nov 1;44(11):774-81.
29. Evers AW, Colloca L, **Blease C**, Annoni M, Atlas LY, Benedetti F, Bingel U, Büchel C, Carvalho C, Colagiuri B, Crum AJ. Implications of placebo and nocebo effects for clinical practice: expert consensus. *Psychotherapy and psychosomatics*. 2018;87(4):204-10.
30. \* **Blease C**, Bernstein MH, Gaab J, Kaptchuk TJ, Kossowsky J, Mandl KD, Davis RB, DesRoches CM. Computerization and the future of primary care: a survey of general practitioners in the UK. *PLoS one*. 2018 Dec 12;13(12):e0207418.
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34. Geraghty K, Jason L, Sunnquist M, Tuller D, **Blease C**, Adeniji C. The 'cognitive behavioural model' of chronic fatigue syndrome: Critique of a flawed model. *Health Psychology Open*. 2019 Apr;6(1):2055102919838907.
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36. \* **Blease CR**. The role of placebos in family medicine: 'Implications of evidence and ethics for general practitioners'. *Australian journal of general practice*. 2019 Oct;48(10):700-5.
37. Kube T, **Blease C**, Ballou SK, Kaptchuk TJ. Hope in medicine: Applying multidisciplinary insights. *Perspectives in biology and medicine*. 2019;62(4):591-616.
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39. Bernstein MH, Magill M, Weiss AP, Kaptchuk TJ, **Blease C**, Kirsch I, Rich JD, Becker S, Mach S, Beaudoin FL. Are conditioned open placebos feasible as an adjunctive treatment to opioids? Results from a single-group dose-extender pilot study with acute pain patients. *Psychotherapy and psychosomatics*. 2019;88(6):380.
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41. Doraiswamy PM, **Blease C**, Bodner K. Artificial intelligence and the future of psychiatry: Insights from a global physician survey. *Artificial Intelligence in Medicine*. 2020 Jan 1;102:101753.
42. Locher C, Gaab J, **Blease C**, Inderbinen M, Kost L, Koechlin H. Placebos Are Part of the Solution, Not the Problem. An Exemplification of the Case of Antidepressants in Pediatric Chronic Pain Conditions. *Frontiers in psychiatry*. 2020 Jan 21;10:998.

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51. Hägglund M, **Blease C**, Scandurra I. Mobile access and adoption of the Swedish national patient portal. *Stud Health Technol Inform*. 2020 Nov 23;275:82-6.
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55. \* **Blease C**, Salmi L, DesRoches CM. Open notes in cancer care: coming soon to patients. *The Lancet Oncology*. 2020 Sep 1;21(9):1136-8.
56. \* **Blease C**, Kharko A, Locher C, DesRoches CM, Mandl KD. US primary care in 2029: A Delphi survey on the impact of machine learning. *PLoS one*. 2020 Oct 8;15(10):e0239947.
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58. Evers AW, Colloca L, **Blease C**, Gaab J, Jensen KB, Atlas LY, Beedie CJ, Benedetti F, Bingel U, Büchel C, Bussemaker J. What should clinicians tell patients about placebo and nocebo effects? Practical considerations based on expert consensus. *Psychotherapy and Psychosomatics*. 2021;90(1):49-56.



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### NARRATIVE REPORT

My research profile is unusually diverse with a publication portfolio that ranges across philosophy, cognitive science, digital health, and medical and psychotherapy ethics. A former Fulbright Scholar, I have a strong track record in research excellence across these disciplines with 90 publications in leading peer reviewed journals and book chapters. A strong advocate that researchers should communicate their findings to the taxpayers who funded it, for many years I have been active in translating and disseminating my scholarship to the public and in 2012 was a winner of the UK-wide BBC competition New Generation Thinkers.

My PhD (2008) (*“Paul Churchland’s Arguments for Eliminative Materialism”*) investigated the relationship between psychology and neuroscience as well as the nature of interdisciplinarity in the sciences. Since then, my scholarship has emphasized the importance within interdisciplinary research, of clarification about the level of analysis at which scientists are working. This is important in expediting and productively linking research programs across multiple levels within the sciences.

To date my research has focused on three main interdisciplinary themes: (1) the psychology of the practitioner-patient encounter as it pertains to the delivery of care; (2) technological advancements that might address current shortcomings or psychological pitfalls in the delivery of care; and (3) the communication of transparent, evidence-based information to healthcare patients. Examples of my research activities relating to these themes are described below.

For over a decade, I have been at the forefront of the emerging field of placebo studies. This body of work discusses questions relating to informed consent procedures, and conceptual and methodological issues pertaining to placebo terminology in both research applications and in clinical translation. My studies identify conflicting definitions of placebo concepts, emphasizing why consistency is crucial to ensure appropriate understanding about the size of placebo effects in clinical trials, and in experimental research aimed at exploring placebo effects. In my studies, I have applied bioethical frameworks to qualitative inquiries to explore the ethical use of placebos in clinical contexts. Finally, recognizing the need to forge an international network and to bridge placebo studies with research, clinical practice, and ethics, I led and hosted an international, multidisciplinary workshop at the Brocher Fondation, Geneva, Switzerland. This workshop directly led to the emergence of the Society for Interdisciplinary Placebo Studies (SIPS) of which I am both a Founding and Steering Group Committee member. I continue to research, mentor doctoral students, and lead international collaborations in placebo studies. In 2022, a bibliometric analysis cited my work as in the top 25 most prolific scholars researching placebo studies.<sup>1</sup>

A decade after physicians, including psychiatrists, endorsed the shift toward evidence-based medicine, in 2006, the world's largest association of psychologists, the American Psychological Association (APA), officially embraced the tenets of evidence-based practice. Building on these developments, my research discusses the ethical repercussions of evidence-based practice for psychological treatments. As the primary investigator of a number of publications, these studies argue evidence carries ethical imperatives both in the decision about what is considered to be beneficial in psychotherapy, and the paucity of research regarding the potential negative effects of psychological treatments. My research emphasizes evidence-based practice bears repercussions for clinician's duty of professional competence – both with regard to the responsibility to acquire and apply accurate knowledge, and the duty to respect patient autonomy—namely, the patient's right to make informed decisions concerning his or her treatment plans. This body of work encompasses ethical analyses, qualitative research into psychotherapy students' opinions and attitudes about informed consent processes, and experimental work into disclosures and lay understanding about therapy.

Attention in medicine and related fields has increasingly focused on the potential of big data, artificial intelligence (AI), and machine learning (ML) to change the delivery of healthcare. Much of this debate has focused on the promise of AI/ML to augment or even disintermediate the core clinical roles of clinicians. In my research, I have led mixed-methods research to explore the forecasts of a wide range of clinicians' including psychiatrists, primary care physicians, and medical students, and of leading AI experts and informaticians, to explore their predictions about the short-term and long-term scope for the computerization of healthcare, and to investigate the adequacy of education and training on these topics. I am under contract with Yale University Press for a monograph exploring the hope and hype around AI/ML in primary care. This volume specifically explores the purpose of technological innovations and whether they successfully improve on inherent deficits in human-mediated care.

In 2019 I was appointed as Keane Visiting Scholar at OpenNotes, Division of General Medicine, Beth Israel Deaconess. This appointment combines my interests in innovations in digital health, and in healthcare ethics, and in how best to educate and guide patients for the era of transparency. My current research focuses on ethical and

practical issues pertaining to sharing clinical notes, including in mental health contexts. Since 2019 my research into open notes has been published in leading medical journals. As Ethics Lead for the Macy Foundation Award, ‘OpenNotes Goes Nationwide: Preparing medical students and their teachers for shared medical records,’ from 2022-2024 I will focus on didactic elements in this effort with special emphasis on addressing complex ethical issues that accompany open notes. Beyond the U.S., I have worked with academic clinicians, researchers and patient-partners in Sweden, Germany, and the UK to extend international collaborations on patient access to electronic health records.

Outside of healthcare research I am passionate about public understanding of healthcare and philosophy. On numerous occasions, I have written for the public press, and spoken on radio and at public festivals. A strong advocate of the importance of philosophical literacy as intrinsic to education, and to science, and I have endeavored to embed philosophical thinking within school education and the community. I am co-founder and Chair of Philosophy Ireland, a collective of academics, schoolteachers, community workers, and philosophy enthusiasts whose goal is to promote philosophical dialogue at every level of Irish society. This network builds on my teaching of philosophy to children in schools in Northern Ireland and the Republic of Ireland. In 2016 this network was officially recognized by the President of Ireland, Michael. D. Higgins held a reception to mark World Philosophy Day in 2016 at the *Áras an Uachtaráin*. For my accomplishments, alongside President of the Supreme Court in the UK, Lord Neuberger, and the public figure Stephen Fry, in 2016 I was appointed Patron of SAPERE the UK’s leading educational charity devoted to training teachers in philosophy for children.

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SIGNED:



CHARLOTTE R. BLEASE

30<sup>th</sup> September 2022